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Form 4	JUDIC												
November 26	5, 2008												
FORM					.					т	PPROVAL		
Washington, D.C. 20549								COMMISSION	OMB Number:	3235-0287			
Check thi if no long	or								Expires:	January 31, 2005			
subject to Section 10 Form 4 or Form 5 obligatior	F CHAN Section 16 Public Ut	SECU 5(a) of	U RI the	Estimated average burden hours per response 0									
may conti <i>See</i> Instru 1(b).	inue.		of the Inv	•		•	- ·						
(Print or Type R	Responses)												
1. Name and Address of Reporting Person <u>*</u> LARSON TODD C			2. Issuer Name and Ticker or Trading Symbol REINSURANCE GROUP OF AMERICA INC [RGA]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) 1370 TIMBI PARKWAY	3. Date of Earliest Transaction (Month/Day/Year) 11/25/2008						Director10% Owner XOfficer (give titleOther (specify below) SVP, Controller & Treasurer						
	4. If Amendment, Date Original Filed(Month/Day/Year)						 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 						
CHESTERF	TELD, MO 6301	7							Person	viore than One Ro	eporung		
(City)	(State)	(Zip)	Table	e I - No	n-De	erivative S	Securi	ties Ac	quired, Disposed o	f, or Beneficia	lly Owned		
1.Title of Security (Instr. 3)	any		emed on Date, if Day/Year)	Code		4. Securi nAcquired Disposed (Instr. 3,	l (A) c l of (D))	Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
				Code	V	Amount	or (D)	Price	(Instr. 3 and 4)				
Class A Common Stock	11/25/2008			J <u>(1)</u>	V	9,519	D	<u>(1)</u>	0	D			
Common Stock	11/25/2008			J (1)	V	9,519	А	<u>(1)</u>	9,519	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Der Sec	Title of ivative urity str. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	TransactionDe Code Se (Instr. 8) Ac Di (In		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount o Underlying Securities (Instr. 3 and 4)	
					Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
(rig	ock tion ght to rchase)	\$ 23.19	11/25/2008		J <u>(1)</u>	v		6,469	(2)	01/01/2010	Class A Common Stock	6,469
Op (rig	ock tion ght to rchase)	\$ 23.19	11/25/2008		J <u>(1)</u>	v	6,469		(2)	01/01/2010	Common Stock	6,469
(rig	ock tion ght to rchase)	\$ 29.81	11/25/2008		J <u>(1)</u>	V		8,302	<u>(3)</u>	01/01/2011	Class A Common Stock	8,302
Op (rig	ock tion ght to rchase)	\$ 29.81	11/25/2008		J <u>(1)</u>	V	8,302		<u>(3)</u>	01/01/2011	Common Stock	8,302
Op (rig	ock otion ght to rchase)	\$ 31.91	11/25/2008		J <u>(1)</u>	v		8,081	<u>(4)</u>	01/01/2012	Class A Common Stock	8,081
Op (rig	ock otion ght to rchase)	\$ 31.91	11/25/2008		J <u>(1)</u>	v	8,081		<u>(4)</u>	01/01/2012	Common Stock	8,081
Op (rig	ock tion ght to rchase)	\$ 27.29	11/25/2008		J <u>(1)</u>	v		9,968	(5)	01/29/2013	Class A Common Stock	9,968
Op (rig	ock otion ght to rchase)	\$ 27.29	11/25/2008		J <u>(1)</u>	v	9,968		(5)	01/29/2013	Common Stock	9,968
		\$ 39.61	11/25/2008		J <u>(1)</u>	V		4,070	(6)	01/28/2014		4,070

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Stock Option (right to purchase)									Class A Common Stock	
Stock Option (right to purchase)	\$ 39.61	11/25/2008	J <u>(1)</u>	V	4,070		<u>(6)</u>	01/28/2014	Common Stock	4,070
Stock Option (right to purchase)	\$ 47.47	11/25/2008	J <u>(1)</u>	V		3,476	(7)	01/27/2015	Class A Common Stock	3,476
Stock Option (right to purchase)	\$ 47.47	11/25/2008	J <u>(1)</u>	V	3,476		<u>(7)</u>	01/27/2015	Common Stock	3,476
Stock Option (right to purchase)	\$ 47.48	11/25/2008	J <u>(1)</u>	V		3,949	<u>(8)</u>	02/21/2016	Class A Common Stock	3,949
Stock Option (right to purchase)	\$ 47.48	11/25/2008	J <u>(1)</u>	V	3,949		<u>(8)</u>	02/21/2016	Common Stock	3,949
Stock Option (right to purchase)	\$ 59.63	11/25/2008	J <u>(1)</u>	V		3,232	<u>(9)</u>	02/20/2017	Class A Common Stock	3,232
Stock Option (right to purchase)	\$ 59.63	11/25/2008	J <u>(1)</u>	V	3,232		<u>(9)</u>	02/20/2017	Common Stock	3,232
Stock Option (right to purchase)	\$ 56.03	11/25/2008	J <u>(1)</u>	V		4,536	(10)	02/20/2018	Class A Common Stock	4,536
Stock Option (right to purchase)	\$ 56.03	11/25/2008	J <u>(1)</u>	V	4,536		(10)	02/20/2018	Common Stock	4,536

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer

Relationships

Other

LARSON TODD C 1370 TIMBERLAKE MANOR PARKWAY CHESTERFIELD, MO 63017

SVP, Controller & Treasurer

Signatures

/s/ William Hutton by power of attorney

**Signature of Reporting Person

11/26/2008 Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Pursuant to Rule 16b-7 (also under Rule 16b-3(d) and (e)), each share of Class A Common Stock was redesignated as one share of Common Stock.
- (2) The options were granted on January 1, 2000 and vest in 20% increments on each of January 1, 2001, 2002, 2003, 2004 and 2005.
- (3) The options were granted on January 1, 2001 and vest in 20% increments on each of January 1, 2002, 2003, 2004, 2005 and 2006.
- (4) The options were granted on January 1, 2002 and vest in 20% increments on each of January 1, 2003, 2004, 2005, 2006 and 2007.
- (5) The options were granted on January 29, 2003 and vest in 20% increments on each of January 1, 2004, 2005, 2006, 2007 and 2008.
- (6) The options were granted on January 28, 2004 and vest in 25% increments on each of December 31, 2005, 2006, 2007 and 2008.
- (7) The options were granted on January 27, 2005 and vest in 25% increments on each of December 31, 2006, 2007, 2008 and 2009.
- (8) The options were granted on February 21, 2006 and vest in 25% increments on each of December 31, 2007, 2008, 2009 and 2010.
- (9) The options were granted on February 20, 2007 and vest in 25% increments on each of December 31, 2008, 2009, 2010 and 2011.
- (10) The options were granted on February 20, 2008 and vest in 25% increments on each of December 31, 2009, 2010, 2011 and 2012.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.