

INTERNATIONAL FLAVORS & FRAGRANCES INC  
 Form 4  
 August 30, 2002  
**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE  
 COMMISSION  
 Washington, D.C. 20549**

OMB APPROVAL  
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\_\_\_ Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(f) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person*  <b>Goldstein Richard A.</b>		2. Issuer Name and Ticker or Trading Symbol  <b>International Flavors &amp; Fragrances Inc.</b>  ( IFF )		6. Relationship of Reporting Person(s) to Issuer  (Check all applicable)	
(Last) (First) (Middle)  <b>c/o International Flavors &amp; Fragrances Inc. 521 West 57<sup>th</sup> Street</b>		3. I.R.S. Identification Number of Reporting Person, if an entity (voluntary)		4. Statement for Month/Year  <b>August 2002</b>	
(Street)  <b>New York, New York 10019</b>		5. If Amendment, Date of Original (Month/Year)		7. Individual or Joint/Group Filing (Check Applicable Line)  <input checked="" type="checkbox"/> Form filed by One Reporting Person  <input type="checkbox"/> Form filed by More than One Reporting Person	
(City) (State) (Zip)		<b>Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned</b>			

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned at End of Month (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
		Code	V	Amount	(A) or (D)	Price			
Common Stock	8/1/02	A	V	200,000	A	n/a	200,000	D(1)	
Common Stock	8/14/02	G (2)	V	173,772	D	n/a	11,234	D	
Common Stock	8/14/02	G	V	173,772	A	n/a	173,772	I (3)	By spouse

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transaction (Instr. 8)				6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned at End of Month (Instr. 4)	10. Ownership Form of Derivative Securities Beneficially Owned at End of Month (Instr. 4)		
			Code	V	(A)	(D)	Date Exercisable	Expiration Date					Title	Amount or Number of Shares
<b>Stock Equivalent Units</b>	<b>1-for-1</b>	<b>(4)</b>	<b>A</b>	<b>V</b>	<b>13,716</b>			<b>(4)</b>	<b>(4)</b>	<b>Common Stock</b>	<b>13,716</b>	<b>n/a</b>	<b>13,716</b>	<b>D</b>

Explanation of Responses:

(1) Restricted stock granted on August 1, 2002 by the Company's Board of Directors as a performance incentive award. Mr. Goldstein's entitlement to all or a portion of the award is subject to (a) the Company's achieving certain levels of shareholder returns compared to those of a specified group of other companies, over the three-, four- and five-year periods commencing August 1, 2002, and (b) Mr. Goldstein's remaining employed by the Company during such periods. He may earn up to 25% of the award (50,000 shares) at the end of three years, an additional 25% of the award (50,000 shares) at the end of four years, and the remaining 50% of the award (100,000 shares) at the end of five years. If any portion of the award is not earned during the first two performance periods, it may be earned if the performance objective is met for the full five-year period. Although stock is restricted, Mr. Goldstein has voting rights over and rights to dividends on all shares.

(2) Gift of shares to spouse.

(3) The reporting person disclaims beneficial ownership of the securities held by his spouse, and this report should not be deemed an admission that the reporting person is the beneficial owner of such securities for purposes of Section 16 or for any other purpose.

(4) Stock units ( Units ) under the Company's deferred compensation plan resulting from (a) deferral of incentive award, (b) premium (in shares) to participants deferring awards into Units (2,719 Units are subject to vesting based on employment through December 31, 2003), and (c) dividends (in shares) on Units. Units were acquired at various dates at market prices ranging from \$32.49 to \$34.97 per Unit. Fractional shares will be paid in cash and are not reflected.

**DENNIS M. MEANY**  
 \*\*Signature of Reporting Person

Dennis M. Meany  
 Attorney-in-fact

**August 29, 2002**  
 Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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\*If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\*Intentional misstatements or omissions of facts constitute Federal Criminal Violations

*See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note:File three copies of this Form, on of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure