

OWENS & MINOR INC/VA/  
Form 4  
November 15, 2013

# FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287  
Expires: January 31, 2015  
Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
WHITTEMORE ANNE M

(Last) (First) (Middle)

C/O OWENS & MINOR, INC., 9120  
LOCKWOOD BLVD.

(Street)

MECHANICSVILLE, VA 23116

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol  
OWENS & MINOR INC/VA/ [OMI]

3. Date of Earliest Transaction  
(Month/Day/Year)  
11/13/2013

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director  10% Owner  
 Officer (give title below)  Other (specify below)

6. Individual or Joint/Group Filing(Check Applicable Line)

Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount or Price (A) or (D)		
Common Stock	11/13/2013		M		7,500 A \$ 19.72		D
Common Stock	11/13/2013		S		7,500 D \$ 37.47 (1)		D
Common Stock	11/13/2013		M		7,500 A \$ 21.25		D
Common Stock	11/13/2013		M		7,500 A \$ 23.8		D
Common Stock	11/13/2013		S		15,000 D \$ 37.46		D

(2)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474  
(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Amount or Number of Shares
Stock Option	\$ 19.72 (3)	11/13/2013		M	7,500 (3)	04/28/2005 04/28/2015	Common Stock	7,500
Stock Option	\$ 21.25 (3)	11/13/2013		M	7,500 (3)	04/28/2006 04/28/2016	Common Stock	7,500
Stock Option	\$ 23.8 (3)	11/13/2013		M	7,500 (3)	04/27/2007 04/27/2014	Common Stock	7,500

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
WHITTEMORE ANNE M C/O OWENS & MINOR, INC. 9120 LOCKWOOD BLVD. MECHANICSVILLE, VA 23116			X	

## Signatures

Anne Marie Whittemore by Rosemarie W. France, POA 11/15/2013

\_\_Signature of Reporting Person

Date

## Explanation of Responses:

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Weighted average of the sale price range of \$37.25 through \$37.69.

(2) Weighted average of the sale price range of \$37.26 through \$37.69.

(3) On 3/31/2010, the common stock of Owens & Minor, Inc. split 3-for-2, resulting in adjustments to the quantity and exercise price of reporting person's stock options.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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