

MEYER ROBERT
Form 4
November 16, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

Check this box
if no longer
subject to
Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

OMB APPROVAL

OMB
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(Print or Type Responses)

1. Name and Address of Reporting Person *
MEYER ROBERT

2. Issuer Name **and** Ticker or Trading
Symbol

VALLEY NATIONAL BANCORP
[VLY]

5. Relationship of Reporting Person(s) to
Issuer

(Check all applicable)

(Last) (First) (Middle)

1455 VALLEY ROAD

(Street)

3. Date of Earliest Transaction
(Month/Day/Year)

11/14/2005

____ Director ____ 10% Owner
____X____ Officer (give title ____ Other (specify
below) below)

EXECUTIVE VICE PRESIDENT

4. If Amendment, Date Original
Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check
Applicable Line)
____X____ Form filed by One Reporting Person
____ Form filed by More than One Reporting
Person

WAYNE, NJ 07470-

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	11/14/2005		A ⁽¹⁾	V Amount (D) Price 7,500 A \$ 0	26,976 ⁽²⁾ ⁽³⁾ ₍₄₎	D	
Common Stock -- (401K Plan)					1,696 ⁽⁵⁾	D	
Common Stock (with Spouse)					136,772	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

**Persons who respond to the collection of
information contained in this form are not**

SEC 1474
(9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount Underlying Security (Instr. 3 and 4)			
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option	\$ 15.8952							11/18/1998	11/18/2007	Common Stock	20,9
Stock Option	\$ 15.8952							10/23/1999	10/23/2008	Common Stock	16,7
Stock Option	\$ 15.8952							11/23/2000	11/23/2009	Common Stock	15,9
Stock Option	\$ 18.6571							11/28/2001	11/28/2010	Common Stock	16,7
Stock Option	\$ 21.7429							11/27/2003	11/27/2011	Common Stock	4,9
Stock Option	\$ 22.7524							11/18/2003	11/18/2012	Common Stock	13,8
Stock Option	\$ 26.5333							11/17/2004	11/17/2013	Common Stock	13,2
Stock Option	\$ 26.6381							11/16/2005	11/16/2014	Common Stock	12,6
Stock Option	\$ 24.68	11/14/2005		A		14,500		11/14/2006	11/14/2015	Common Stock	14,5
STOCK OPTION/NQ	\$ 21.7429							11/27/2002	11/27/2011	Common Stock	10,9

Reporting Owners

Reporting Owner Name / Address	Relationships
	Director 10% Owner Officer Other
MEYER ROBERT 1455 VALLEY ROAD	EXECUTIVE VICE PRESIDENT

WAYNE, NJ 07470-

Signatures

ROBERT
MEYER

11/16/2005

Signature of
Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (2) Includes 350 shares adjustment of gifted shares from self to held jointly with spouse
- (3) Includes restricted shares granted under VNB 1999 Long Term Stock Incentive Plan, vesting in five equal installments beginning one year from the grant date.
- (4) Valley declared a 5% stock dividend on April 6, 2005, payable May 20, 2005 to shareholders of record on May 6, 2005.
- (5) Balance update on Valley shares held under the Valley 401k plan, as of December 31, 2004.
- (1) Restricted shares granted under VNB 1999 Long Term Stock Incentive Plan, vesting in five equal installments beginning one year from the grant date.
- (6) Granted under VNB 1999 Long Term Stock Incentive Plan, exercisable in five equal installments beginning one year from the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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