ROSA BRUCE L Form 4

May 29, 2012

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287

Expires: January 31, 2005

Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person ** ROSA BRUCE L			2. Issuer Name and Ticker or Trading Symbol LANCASTER COLONY CORP [LANC]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) T. MARZET BOX 29163	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 05/29/2012	Director 10% Owner Specify below) Urice President		
COLUMBUS	(Street) S, OH 4322	9	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(State)	(Zip)				

(City)	(State)	(Zip) Tabl	e I - Non-D	D erivative	Secui	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securion(A) or D (Instr. 3,	ispose 4 and (A) or	ed of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock							50,458	I	By Trust
Common Stock							11,026.558 (1)	I	By ESOP
Common Stock							794.4661 <u>(2)</u>	I	By 401(k) Plan
Common Stock	05/25/2012		M	1,574	A	(3)	5,410	D	
Common Stock	05/25/2012	05/25/2012	F	510	D	\$ 65.73	4,900	D	

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) Disposed of (Instr. 3, 4, ar) or (D)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and An Underlying Sec (Instr. 3 and 4)
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title
Stock Appreciation Right	\$ 39.86	02/25/2009		A	12,000		02/25/2010	02/25/2014	Common Stock
Stock Appreciation Right	\$ 58.79	02/24/2010		A	14,000		02/24/2011	02/24/2015	Common Stock
Stock Appreciation Right	\$ 57.78	02/22/2011		A	15,000		02/22/2012	02/22/2016	Common Stock
Stock Appreciation Right	\$ 68.12	02/21/2012		A	16,000		02/21/2013	02/21/2017	Common Stock
Stock Appreciation Right	\$ 39.86	05/25/2012	05/25/2012	M	4	,000	02/27/2012	02/27/2013	Common Stock

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		

ROSA BRUCE L T. MARZETTI COMPANY P. O. BOX 29163 COLUMBUS, OH 43229

Vice President

Reporting Owners 2

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Signatures

Patricia A. Schnieder, POA for Bruce L. Rosa 05/29/2012

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reflects ESOP allocations that had occurred as of 6/30/11.
- (2) Shares contributed by Lancaster Colony Corporation as a matching contribution under Lancaster Colony Corporation's 401(k) Plan as of 6/30/11.
- (3) Each Stock Appreciation Right represents the right to receive shares representing the spread between market price of \$65.73 and base price of \$39.86.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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