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Form 4	HY JAMES S											
July 26, 201	ЛЛ									PPROVAL		
FORM 4 UNITED STATES				SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549						3235-0287		
Check th if no lon subject t Section Form 4 d	ger STATEN 16.	statement of changes in beneficial ownership of SECURITIES										
Form 5 obligation may con <i>See</i> Instr 1(b).	tinue. Section 17(a) of the l	Public U		ding Coi	npan	y Act of	e Act of 1934, E1935 or Section 40	response	. 0.5		
(Print or Type	Responses)											
1. Name and Address of Reporting Person <u>*</u> ABERNETHY JAMES S			2. Issuer Name and Ticker or Trading Symbol					5. Relationship of Reporting Person(s) to Issuer				
				ES BAN LINA INC			JKIH	(Check all applicable)				
			3. Date of Earliest Transaction (Month/Day/Year) 07/26/2018					Director 10% Owner Officer (give title below) Other (specify below)				
	(Street)		4. If Ame	endment, Da	ate Origina	ıl		6. Individual or J	oint/Group Fili	ng(Check		
NEWTON,	NC 28658		Filed(Mo	nth/Day/Yea	r)			Applicable Line) _X_ Form filed by Form filed by I Person	One Reporting P More than One R			
(City)	(State)	(Zip)	Tab	le I - Non-I	Derivative	Secu	rities Acq	uired, Disposed o	f, or Beneficia	ally Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2. Transaction Date 2A. Deemed			4. Securi on(A) or D (Instr. 3, Amount	spose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	07/26/2018			S	1,000	D	\$ 32.12	66,997	D			
Common Stock								7,577	I	Custodian of Daughter		
Common Stock								7,577	Ι	Custodian of Daughter		
Common Stock								7,577	Ι	Custodian of Son		
Common Stock								70,441	Ι	VP, Secretary, &		

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Chairman
of
Alexander
Railroad

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,		ate	Amou Unde Secur	le and int of rlying ities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Own Follo Repo Trans (Instr
			Code V	4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Addre	s Relationships							
	Director	10% Owner	Officer	Other				
ABERNETHY JAMES S 518 WEST C STREET NEWTON, NC 28658								
Signatures								
/s/ James S. Abernethy	07/26/2018							

<u>**</u>Signature of Reporting Person Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.