Edgar Filing: RUPP NIK - Form 4

RUPP NIK											
Form 4											
July 06, 201	.8										
FORM 4 UNITED STATES SECURITIES AND EXCL								OMMERIO	N.T.	PPROVAL	
UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							N OMB Number:	3235-0287			
Check th	his box		VV à	ishington	, D.C. 20	549				January 31	
if no lon		MENT O	F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES					Expires:	2005		
subject t Section	.0							Estimated	Estimated average burden hours per		
Form 4 or									response 0.5		
Form 5								e Act of 1934,			
obligation may con								1935 or Secti	on		
See Inst		30(h)	of the I	nvestment	Compar	ny Act	of 194	0			
1(b).											
(Print or Type	Responses)										
1. Name and Address of Reporting Person <u>*</u> RUPP NIK			2. Issuer Name and Ticker or Trading Symbol				9	5. Relationship of Reporting Person(s) to Issuer			
			Papa Murphy's Holdings, Inc.								
			[FRSH		U I			(Ch	eck all applicabl	e)	
(Last)	(First) (Middle)	3. Date of	of Earliest T	ransaction			Director	109	% Owner	
			(Month/Day/Year)					XOfficer (give titleOther (specify below) below)			
	MURPHY'S	_	07/03/2	2018				· · · · · · · · · · · · · · · · · · ·	of Financial Office	cer	
	S, INC., 8000 NE Y DRIVE, SUITE										
	(Street)		4. If Amendment, Date Original 6. Indiv			6. Individual or	idual or Joint/Group Filing(Check				
			Filed(Month/Day/Year)					Applicable Line)			
VANCOU								_X_ Form filed by Form filed by	y One Reporting P More than One R		
VANCOU	VER, WA 98662							Person			
(City)	(State)	(Zip)	Tab	ole I - Non-I	Derivative	Securiti	ties Acqu	uired, Disposed	of, or Beneficia	lly Owned	
1.Title of	2. Transaction Date			3.	4. Securit			Amount of		7. Nature of	
Security (Instr. 3)	(Month/Day/Year)	Execution Date, if any (Month/Day/Year)		if TransactionAcquired (A) or Code Disposed of (D) r) (Instr. 8) (Instr. 3, 4 and 5)					Form: Direct (D) or Indirect		
(Ov	wned	(I)		
								ollowing	(Instr. 4)	(Instr. 4)	
						(A)		eported ransaction(s)			
				Code V	Amount	or (D) P	(Ir	nstr. 3 and 4)			
				coue v	mount	(D) 1	1100				
Reminder: Re	port on a separate line	e for each cl	ass of sec	urities benef	ficially ow	ned direc	ctly or in	ndirectly.			

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative2.Derivative SecurityConversion or Exercise(Instr. 3)Price of Derivative Security		Conversion or Exercise Price of Derivative	3. Transaction Date 3A. Deemed (Month/Day/Year) Execution Date, any (Month/Day/Yea				6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8 I S (1
					Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
	Stock Options (right to buy)	\$ 5.28	07/03/2018		A	50,000	<u>(1)</u>	07/03/2028	Common Stock	50,000	
Reporting Owners											
Reporting Owner N		er Name / Address			Relationship	S					
		por ong o mi		Director	10% Owne	er Officer		Other			
RUPP NIK C/O PAPA MURPHY'S HOLDINGS, INC. 8000 NE PARKWAY DRIVE, SUITE 350 VANCOUVER, WA 98662			Chief Financial Officer								
	Signa	tures									
	110										

/s/ Daniel R. Smith attorney-in-fact

07/06/2018

*Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Stock Option granted under the 2014 Management Incentive Plan and becomes exercisable with respect to 25% of the shares on each of the first four anniversaries of the date of the grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.