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NATURAL HEALTH TRENDS CORP Form 8-K July 15, 2013	
UNITED STATES	
SECURITIES AND EXCHANGE COM	MISSION
Washington, DC 20549	
FORM 8-K	
CURRENT REPORT Pursuant	
to Section 13 or 15(d) of the	
Securities Exchange Act of 1934	
Date of report (Date of earliest event report	ted): July 15, 2013
N 1 W 1 . T 1 . G	
Natural Health Trends Corp.	
(Exact Name of Registrant as Specified in I	ts Charter)
Delaware	
(State or Other Jurisdiction of Incorporation	1)
0-26272	59-2705336
(Commission File Number)	(IRS Employer Identification No.)

4514 Cole Avenue, Suite 1400, Dallas, Texas 75205

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Edgar Filling. 1477 OF THE FIETH FILLIADO GOTT
(Address of Principal Executive Offices) (Zip Code)
(972) 241-4080
(Registrant's Telephone Number, Including Area Code)
Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (<i>see</i> General Instruction A.2. below):
Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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Item 2.02. Results of Operations and Financial Condition

On July 15, 2013, Natural Health Trends Corp. issued a press release announcing its estimated revenues for the quarter ended June 30, 2013. The press release is attached hereto as exhibit 99.1.

Item 9.01. Financial Statements and Exhibits

Press Release of Natural Health Trends Corp. dated July 15, 2013.

(a) Financial statements:

None

(b) Pro forma financial information:

None

(c) Shell company transactions:

None

(d) Exhibits

99.1 Press Release of Natural Health Trends Corp. dated July 15, 2013

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: July 15, 2013

NATURAL HEALTH TRENDS CORP.

By: /s/ Gary C. Wallace

Gary C. Wallace General Counsel