### Edgar Filing: AVID TECHNOLOGY INC - Form 4

Form 4	INOLOGY IN	C									
March 09, 20	_								OMB A	PPROVAL	
FORM	UNITE	D STATE		ITIES A hington,			NGE (	COMMISSION		3235-0287	
Check this box if no longer				GES IN BENEFICIAL OWNERSHIP OF SECURITIES					burden hou	Expires: January 31 2005 Estimated average burden hours per response 0.5	
Form 5 obligation may cont <i>See</i> Instru 1(b).	inue. Section	7(a) of the		ility Hold	ling Com	ipany	Act o	ge Act of 1934, f 1935 or Sectio 40			
(Print or Type F	Responses)										
Legon Joel Sy			Symbol	2. Issuer Name <b>and</b> Ticker or Trading Symbol AVID TECHNOLOGY INC [AVID]				5. Relationship of Reporting Person(s) to Issuer			
(Last) (First) (Middle) 3. Date of E (Month/Day 03/07/200 (Street) 4. If Amend			Earliest Transaction				(Check all applicable)				
				(Month/Day/Year) 03/07/2006				Director 10% Owner X Officer (give title Other (specify below) below) VP & Corporate Controller			
				. If Amendment, Date Original iled(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
BOXBORO	UGH, MA 01	719						Form filed by M Person	More than One R	eporting	
(City)	(State)	(Zip)	Table	e I - Non-D	erivative S	Securi	ties Ac	quired, Disposed o	f, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction (Month/Day/Y	ear) Execut any	eemed tion Date, if h/Day/Year)	Code (Instr. 8)	Amount	l (A) o l of (D	)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect Beneficial	
Common Stock	03/07/2006			А	8,618 (1)	А	\$0	8,618	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Exercise any Co ce of (Month/Day/Year) (In rivative		Transaction of Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Ame Underlying Secu (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Ai or Ni of Sł
Non-Qualified Stock Option (right to buy)	\$ 47.02	03/07/2006		А	6,000	09/07/2006 <u>(2)</u>	03/07/2016	Common Stock	6

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## **Reporting Owners**

<b>Reporting Owner Name / Address</b>	Relationships						
	Director	10% Owner	Officer	Other			
Legon Joel 20 PINE PASTURE RUN			VP & Corporate				
BOXBOROUGH, MA 01719			Controller				
-							

## Signatures

Joel E. Legon 03/09/2006

<u>\*\*</u>Signature of Reporting Person Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents restricted stock award which shall vest over 4 years at the rate of 25% per year, with the first vesting date on March 7, 2007.
- (2) 12.5% of the option becomes exercisable on the date listed in the "Date Exercisable" column; the remaining 87.5% becomes exercisable in 42 equal monthly installments thereafter.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.