

REGIONS FINANCIAL CORP
 Form 4
 October 20, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 WHITE JOHN V

2. Issuer Name and Ticker or Trading Symbol
 REGIONS FINANCIAL CORP [RF]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
 P.O. BOX 387

3. Date of Earliest Transaction (Month/Day/Year)
 10/18/2006

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
 Regional CEO

(Street)
 MEMPHIS, TN 38147

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price
Common Stock	10/18/2006		X		1,260	A	\$ 29.79
Common Stock	10/18/2006		X		5,781	A	\$ 33.69
Common Stock	10/18/2006		X		20,115	A	\$ 32.96
Common Stock	10/18/2006		X		48,892	A	\$ 32.96
Common Stock	10/18/2006		X		273	A	\$ 29.79

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Common Stock	10/18/2006	X	93,424	A	\$ 33.35	318,182.31	D
Common Stock	10/18/2006	X	90,000	A	\$ 33.82	408,182.31	D
Common Stock	10/18/2006	X	1,708	A	\$ 33.69	409,890.31	D
Common Stock	10/18/2006	S	261,453	D	\$ 38.23	148,437.31	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option	\$ 29.79	10/18/2006		X	1,260	01/31/2002	05/01/2010	Common Stock	1,260
Stock Option	\$ 33.69	10/18/2006		X	5,781	05/03/2004	05/01/2010	Common Stock	5,781
Stock Option	\$ 32.96	10/18/2006		X	20,115	07/24/2005	05/01/2010	Common Stock	20,115
Stock Option	\$ 32.96	10/18/2006		X	48,892	07/24/2005	12/20/2010	Common Stock	48,892
Stock Option	\$ 29.79	10/18/2006		X	273	07/31/2002	07/31/2011	Common Stock	273
Stock Option	\$ 33.35	10/18/2006		X	93,424	07/31/2006	10/10/2011	Common Stock	93,424
Stock Option	\$ 33.82	10/18/2006		X	90,000	12/20/2005	10/15/2011	Common Stock	90,000
Stock Option	\$ 33.69	10/18/2006		X	1,708	07/01/2004	11/03/2013	Common Stock	1,708

Phantom Stock Units (401k)	Price	Grant Date	Expiration Date	Common Stock	Quantity
Phantom Stock Units (401k)	\$ 0 ⁽¹⁾	⁽¹⁾	⁽¹⁾	Common Stock	4,035
Stock Option	\$ 33.34	11/02/2002	05/01/2010	Common Stock	1,263
Stock Option	\$ 33.35	07/31/2006	05/01/2010	Common Stock	8,586
Stock Option	\$ 33.34	07/01/2004	05/01/2012	Common Stock	363
Stock Option	\$ 34.31	12/20/2005	10/08/2012	Common Stock	99,555
Stock Option	\$ 33.35	07/31/2006	11/01/2012	Common Stock	2,678
Stock Option	\$ 34.66	⁽²⁾	12/20/2012	Common Stock	56,434
Stock Option	\$ 33.35	07/31/2006	05/01/2013	Common Stock	428
Stock Option	\$ 33.48	07/01/2004	10/14/2013	Common Stock	93,750

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
WHITE JOHN V P.O. BOX 387 MEMPHIS, TN 38147			Regional CEO	

Signatures

By: D. Bryan
Jordan

10/18/2006

**Signature of
Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
 - ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reported phantom stock units were acquired under Regions' benefit plans.
 - (2) The option becomes exercisable in three equal installments on December 20, 2006, 2007 and 2008.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.