

MONTGOMERY HENRY C
Form 4
January 11, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
MONTGOMERY HENRY C

2. Issuer Name and Ticker or Trading Symbol
SWIFT ENERGY CO [SFY]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
16825 NORTHCHASE DRIVE,
SUITE 400

3. Date of Earliest Transaction
(Month/Day/Year)
01/09/2006

____ Director
____ Officer (give title below)
____ 10% Owner
____ Other (specify below)

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
X Form filed by One Reporting Person
___ Form filed by More than One Reporting Person

HOUSTON, TX 77060

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership Indirect Beneficial Ownership (Instr. 4)
				(A) or (D)	Price		
SFY Cmmn Stock-IRA Holdings					792	I	IRA
SFY Cmmn Stock-By Other Holdings					2,123	I	Held in Keogh
Swift Energy Common Stock	01/09/2006		M	2,000 A	\$ 15.65 5,210	D	

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Swift Energy Common Stock	01/09/2006	M	2,000	A	\$ 9.77	7,210	D
Swift Energy Common Stock	01/09/2006	M	5,000	A	\$ 21.75	12,210	D
Swift Energy Common Stock	01/09/2006	S	1,100	D	\$ 46.31	11,110	D
Swift Energy Common Stock	01/09/2006	S	700	D	\$ 46.32	10,410	D
Swift Energy Common Stock	01/09/2006	S	1,500	D	\$ 46.33	8,910	D
Swift Energy Common Stock	01/09/2006	S	5,000	D	\$ 46.34	3,910	D
Swift Energy Common Stock	01/09/2006	S	100	D	\$ 46.39	3,810	D
Swift Energy Common Stock	01/09/2006	S	200	D	\$ 46.48	3,610	D
Swift Energy Common Stock	01/09/2006	S	400	D	\$ 46.49	3,210	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
						Date Exercisable	Expiration Date	Title	Amount or Number of Shares
						Code	V	(A)	(D)
NQ90 plan grt 5/14/2002 NQ	\$ 15.65	01/09/2006		M	2,000	05/14/2003	05/14/2012	Swift Energy Common Stock	2,000
NQ90 plan grt 5/14/2003 NQ	\$ 9.77	01/09/2006		M	2,000	05/14/2004	05/14/2013	Swift Energy Common Stock	2,000
NQ90 Plan grt 5/9/2000 NQ	\$ 21.75	01/09/2006		M	5,000	05/09/2001	05/09/2010	Swift Energy Common Stock	5,000

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
MONTGOMERY HENRY C 16825 NORTHCHASE DRIVE, SUITE 400 HOUSTON, TX 77060				

Signatures

Karen Bryant POA for Henry C.
Montgomery

01/11/2006

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Remarks:

All securities and other information on this form and subsequent forms filed as to Swift Energy Company reflect the creation of a holding company organizational structure, whereby pursuant to Rule 414 under the Securities Exchange Act, on December 1, 2009, the Issuer (a former subsidiary of the previous publicly held company) became the publicly held company and the successor to

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the former publicly held company. Pursuant to the terms of a merger among the Issuer, the prior publicly held company and a third Swift Energy subsidiary, each share of old Swift Energy Company became one share of new Swift Energy Company.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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