Edgar Filing: Chestnutt Roy H - Form 4

Chestnutt Ro Form 4	y H									
May 28, 2013	3									
FORM	FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION								APPROVAL 3235-0287	
Check thi if no long subject to Section 10 Form 4 or Form 5 obligatior may conti <i>See</i> Instru 1(b).	er 6. Filed pur ¹⁵ Section 17(Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940								
(Print or Type R	Responses)									
1. Name and A Chestnutt Ro	Symbol	er Name and CON COM ZZ]		-	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last) VERIZON (INC., 140 W FLOOR	3. Date of Earliest Transaction (Month/Day/Year) 05/24/2013				Director 10% Owner X Officer (give title Other (specify below) below) EVP - Strat, Dev and Plng					
				endment, Da onth/Day/Year	-	1	 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
NEW YORF	K, NY 10007						Person	More than One R	eporting	
(City)	(State)	(Zip)	Tab	le I - Non-I	Derivative	Securities A	cquired, Disposed o	of, or Beneficia	lly Owned	
	ecurity (Month/Day/Year) Execution		Date, if Transaction Code ay/Year) (Instr. 8)		Disposed of (D) (Instr. 3, 4 and 5) (A) or		Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Reminder: Rem	ort on a separate line	for each el	ass of sec	Code V		(D) Price				

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

Reporting Owners

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)		Code		5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. F Der Sec (Ins
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Phantom Stock (unitized)	<u>(1)</u>	05/24/2013		А		34.582		<u>(1)</u>	<u>(1)</u>	Common Stock	10	\$
Repor	ting O	wners										
Reporting Owner Name / Address			Relationships Director 10% Owner Officer						Other			
Chestnutt Roy H VERIZON COMMUNICATIONS INC. 140 WEST STREET, 29TH FLOOR NEW YORK, NY 10007				EVP - Strat, Dev and Plng								
Signat	tures											
William L. Horton, Jr., Attorney-in-fact for Roy Chestnutt				I. 05/28/2013								
**Signature of Reporting Person				Date								
Explai	nation	of Respor	ises:									
* If the fo	orm is filed by	more than one reporti	ng person, see Instr	uction 4(b)(v	/).						

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- Each share of phantom stock is the economic equivalent of a portion of one share of common stock and is settled in cash. The shares of (1) phantom stock become payable upon events established by the reporting person in accordance with the deferred compensation plan.
- (2) Includes phantom stock acquired through dividend reinvestment.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.