Pollio Jonathan Meyer Form 5 January 12, 2011

Inc. Class

Common Stock (1)

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01/29/2010

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FORM 5

OMB UNITED STATES SECURITIES AND EXCHANGE COMMISSION 3235-0362 Number: Washington, D.C. 20549 Check this box if January 31, Expires: no longer subject 2005 to Section 16. Estimated average ANNUAL STATEMENT OF CHANGES IN BENEFICIAL Form 4 or Form burden hours per 5 obligations OWNERSHIP OF SECURITIES response... 1.0 may continue. See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported 30(h) of the Investment Company Act of 1940 Form 4 Transactions Reported 1. Name and Address of Reporting Person * 2. Issuer Name and Ticker or Trading 5. Relationship of Reporting Person(s) to Issuer Pollio Jonathan Meyer Symbol CITIZENS INC [CIA] (Check all applicable) (First) 3. Statement for Issuer's Fiscal Year Ended (Last) (Middle) (Month/Day/Year) Director 10% Owner _ Officer (give title X Other (specify 12/31/2010 below) below) 400 EAST ANDERSON LANE Vice President, Chief Actuary (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Reporting Filed(Month/Day/Year) (check applicable line) AUSTIN. TXÂ 78714-9151 _X_ Form Filed by One Reporting Person Form Filed by More than One Reporting Person (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1.Title of 2. Transaction Date 2A. Deemed 4. Securities Acquired 5. Amount of 7. Nature of Security (Month/Day/Year) Transaction (A) or Disposed of (D) Securities Ownership Indirect Execution Date, if (Instr. 3) Code (Instr. 3, 4 and 5) Beneficially Form: Beneficial (Month/Day/Year) (Instr. 8) Owned at end Direct (D) Ownership of Issuer's or Indirect (Instr. 4) (A) Fiscal Year (I) or (Instr. 3 and 4) (Instr. 4) Amount (D) Price Citizens. Inc. Class Â Â 01/04/2010 L 42.6417 A 926.4606 D Common Stock (1) Citizens,

43.5608 A \$ 6.44

970.0214

D

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Citizens, Inc. Class A Common Stock (1)	02/26/2010	Â	L	50.9533	A	\$ 6.76	1,020.9747	D	Â
Citizens, Inc. Class A Common Stock (1)	04/01/2010	Â	L	49.0108	A	\$ 7.03	1,069.9855	D	Â
Citizens, Inc. Class A Common Stock (1)	05/07/2010	Â	L	50.7358	A	\$ 6.79	1,120.7213	D	Â
Citizens, Inc. Class A Common Stock (1)	05/28/2010	Â	L	50.95	A	\$ 6.76	1,171.6713	D	Â
Citizens, Inc. Class A Common Stock (1)	07/06/2010	Â	L	50.5358	A	\$ 6.82	1,222.2071	D	Â
Citizens, Inc. Class A Common Stock (1)	07/30/2010	Â	L	50.2069	A	\$ 6.86	1,272.414	D	Â
Citizens, Inc. Class A Common Stock (1)	09/03/2010	Â	L	81.3729	A	\$ 6.85	1,353.7869	D	Â
Citizens, Inc. Class A Common Stock (1)	10/01/2010	Â	L	79.9451	A	\$ 6.97	1,433.732	D	Â
Citizens, Inc. Class A Common Stock (1)	10/29/2010	Â	L	80.9308	A	\$ 6.89	1,514.6628	D	Â
	12/03/2010	Â	L	78.0302	A		1,592.693	D	Â

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Citizens, \$
Inc. Class 7.15

A

Common Stock (1)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amor Unde Secur	le and unt of rlying rities : 3 and 4)	8. Price of Derivative Security (Instr. 5)
				(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	

Reporting Owners

Reporting Owner Name / Address	Relationships						
F8	Director 10% Owner		Officer	Other			
Pollio Jonathan Meyer 400 EAST ANDERSON LANE AUSTIN. TX 78714-9151	Â	Â	Vice President, Chief Actuary	Â			

Signatures

/s/Jonathan M.
Pollio

**Signature of Reporting Person

O1/12/2011

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were purchased through the Citizens Stock Investment Plan as part of regular monthly payroll deduction.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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