

RILEY RAY A
Form 4
September 16, 2010

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
RILEY RAY A

2. Issuer Name and Ticker or Trading Symbol
CITIZENS INC [CIA]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
400 EAST ANDERSON LANE

3. Date of Earliest Transaction (Month/Day/Year)
01/04/2010

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)

Executive Vice President

(Street)
AUSTIN, TX 78752

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
____ Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(D)	Price
Citizens, Inc. Class A Common Stock ⁽¹⁾	01/04/2010		L	V	75.6058	A	\$ 6.58
Citizens, Inc. Class A Common Stock ⁽¹⁾	01/29/2010		L	V	77.2359	A	\$ 6.44
Citizens, Inc. Class A Common Stock ⁽¹⁾	02/26/2010		L	V	73.6321	A	\$ 6.76

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A Common Stock <u>(1)</u>									
Citizens, Inc. Class									
A	04/01/2010	L	V	70.8255	A	\$ 7.03	297,643.7616	D	
Common Stock <u>(1)</u>									
Citizens, Inc. Class									
A	05/07/2010	L	V	73.3171	A	\$ 6.79	297,717.0787	D	
Common Stock <u>(1)</u>									
Citizens, Inc. Class									
A	05/28/2010	L	V	73.6273	A	\$ 6.76	297,790.706	D	
Common Stock <u>(1)</u>									
Citizens, Inc. Class									
A	07/06/2010	L	V	73.0295	A	\$ 6.82	297,863.7355	D	
Common Stock <u>(1)</u>									
Citizens, Inc. Class									
A	07/30/2010	L	V	72.5536	A	\$ 6.86	297,936.2891	D	
Common Stock <u>(1)</u>									
Citizens, Inc. Class									
A	09/03/2010	L	V	72.6542	A	\$ 6.85	298,008.9433	D	
Common Stock <u>(1)</u>									
Citizens, Inc. Class									
A	09/14/2010	S		1,500	D	\$ 6.85	296,508.9433	D	
Common Stock <u>(2)</u>									

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)**

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr
						Date Exercisable	Expiration Date	Title	Amount or Number of Shares
						Code	V	(A)	(D)

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
RILEY RAY A 400 EAST ANDERSON LANE AUSTIN, TX 78752			Executive Vice President	

Signatures

/s/Ray A. Riley 09/16/2010
 __Signature of Date
 Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were purchased through the Citizens Stock Investment Plan as part of regular monthly payroll deduction.
- (2) This transaction was an open market sale.

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