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| Neal Ryan A Form 4 August 31, 2 FORN Check th if no long subject to Section 1 Form 4 o Form 5 obligatio may cont <i>See</i> Instru 1(b). | 2010 1 4 UNITED is box ger 6. or Filed pur fine. Section 17(| IENT O rsuant to a) of the | Was F CHAN Section 10 | Shington, GES IN I SECUR 6(a) of the ility Hold | D.C. 209 BENEFI ITIES e Securit ling Corr | 549 CCIA ies E | L OW xchang | COMMISSION NERSHIP OF ge Act of 1934, f 1935 or Sectio 40 | OMB Number: Expires: Estimated a burden hou response | irs per | |
|--|---|---|---|--|---|----------------------|--|---|---|-----------|--|
| (Print or Type I | • | | | | | | | | | | |
| 1. Name and Address of Reporting Person <u>*</u> Neal Ryan A | | | 2. Issuer Name and Ticker or Trading Symbol NAUTILUS, INC. [NLS] | | | | ıg | 5. Relationship of Reporting Person(s) to Issuer | | | |
| (Last) | (First) (A | Middle) | 3. Date of Earliest Transaction | | | | (Cheo | ck all applicable | 2) | | |
| NAUTILUS, INC., 16400 SE NAUTILUS DRIVE | | | (Month/Day/Year) 08/20/2010 | | | | | Director 10% Owner X Officer (give title Other (specify below) below) VP GM Retail | | | |
| | | | | f Amendment, Date Original ed(Month/Day/Year) | | | | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person | | | |
| VANCOUV | VER, WA 98683 | | | | | | | | More than One Re | | |
| (City) | (State) | (Zip) | Table | e I - Non-D | erivative S | Securi | ities Acc | quired, Disposed o | f, or Beneficial | lly Owned | |
| 1.Title of Security (Instr. 3) | Security (Month/Day/Year) Execution I | | on Date, if | 4. Securities Acquired n(A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or | | | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | |
| Common Stock | 08/20/2010 | | | Code V P | Amount 3,700 | (D) A | Price \$ 1.51 | 3,700 | D | | |
| Stock Common Stock | 08/20/2010 | | | Р | 3,300 | A | 1.51 \$ 1.52 | 7,000 | D | | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 4. Transacti Code (Instr. 8) | 5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | | ate | 7. Titl Amou Under Secur (Instr. | int of rlying | 8. Price of Derivative Security (Instr. 5) | 9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr |
|---|---|---|---------------------------------------|---|---------------------|--------------------|--|--|---|--|
| | | | Code V | (A) (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | | |

Reporting Owners

| Reporting Owner Name / Address | Relationships | | | | | | | |
|---|---------------|-----------|--------------|-------|--|--|--|--|
| | Director | 10% Owner | Officer | Other | | | | |
| Neal Ryan A NAUTILUS, INC. 16400 SE NAUTILUS DRIVE VANCOUVER, WA 98683 | | | VP GM Retail | | | | | |
| Signatures | | | | | | | | |
| /s/ Kennth Fish, Attorney-in-fact A. Neal | t for Ryar | 1 | 08/31/2010 | | | | | |
| **Signature of Reporting Pers | on | | Date | | | | | |

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.