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Sharpe Rober Form 4	t Francis JR										
July 17, 2009											
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION								T	OMB APPROVAL		
		SECURITIES AND EXCHANGE CO Washington, D.C. 20549					OMB Number:	3235-0287			
Check this if no longe subject to Section 16 Form 4 or Form 5 obligation may contin <i>See</i> Instruct 1(b).	F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Section 16(a) of the Securities Exchange Act of 1934, Public Utility Holding Company Act of 1935 or Section of the Investment Company Act of 1940						Expires: January 31 Expires: 2005 Estimated average burden hours per burden hours per 0.5				
(Print or Type R	esponses)										
1. Name and Address of Reporting Person <u>*</u> Sharpe Robert Francis JR			2. Issuer Name and Ticker or Trading Symbol CONAGRA FOODS INC /DE/ [CAG]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle) C/O CONAGRA FOODS, INC., ONE CONAGRA DRIVE			3. Date of Earliest Transaction (Month/Day/Year) 07/15/2009					Director 10% Owner X Officer (give title Other (specify below) below) EVP Ext Affair&Pres,Commercial			
OMAHA, NI	(Street) E 68102		4. If Amendment, Date Original Filed(Month/Day/Year)					 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person 			
(City)	(State)	(Zip)	Table	e I - Non-De	erivative S	ecuritie	s Aca	uired, Disposed o	of. or Beneficia	llv Owned	
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year) Executi any		3. Transactic Code	4. Securit mAcquired Disposed (Instr. 3, 4	ies (A) or of (D) 4 and 5) (A) or	-	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	•	
Common Stock				coue v	7 mount			96,954	D		
Common Stock								12,000	Ι	By Trust	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Options (right to buy)	\$ 19.05	07/15/2009		А	180,000		(1)	07/14/2016	Common Stock	180,000

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Sharpe Robert Francis JR C/O CONAGRA FOODS, INC. ONE CONAGRA DRIVE OMAHA, NE 68102			EVP Ext Affair&Pres,Commercial					
Signatures								

Date

/s/ Colleen Batcheler, 07/17/2009 Attorney-in-fact

**Signature of Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Options become exercisable as to 40% on July 15, 2010, 30% on July 15, 2011, and 30% on July 15, 2012.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.