SARDINI ANN Form 4 May 03, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 4 or Form 5 obligations may continue. See Instruction

(Middle)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person * SARDINI ANN

2. Issuer Name and Ticker or Trading Symbol

WEIGHT WATCHERS

INTERNATIONAL INC [WTW]

3. Date of Earliest Transaction

(Month/Day/Year) 05/01/2007

5. Relationship of Reporting Person(s) to

Issuer

(Check all applicable)

10% Owner

Other (specify

OMB APPROVAL

3235-0287

January 31,

2005

0.5

OMB

Number:

Expires:

response...

Estimated average

burden hours per

11 MADISON AVENUE, 17TH **FLOOR**

(Street)

(First)

below) below) **CFO**

6. Individual or Joint/Group Filing(Check

Director

X_ Officer (give title

4. If Amendment, Date Original Filed(Month/Day/Year) Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

NEW YORK, NY 10010

(City)	(State)	(Zip) Tabl	e I - Non-D	erivative)	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securi or(A) or D (Instr. 3,	ispose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount		Price	(Instr. 3 and 4)		
Common Stock	05/01/2007		M	1,600	A	\$ 42.27	1,600	D	
Common Stock	05/01/2007		S <u>(1)</u>	1,600	D	\$ 47.64	0	D	
Common Stock	05/01/2007		M	900	A	\$ 42.27	900	D	
Common Stock	05/01/2007		S <u>(1)</u>	900	D	\$ 47.65	0	D	
Common Stock	05/01/2007		M	1,140	A	\$ 42.27	1,140	D	

Common Stock	05/01/2007	S <u>(1)</u>	1,140	D	\$ 47.66	0	D
Common Stock	05/01/2007	M	100	A	\$ 42.27	100	D
Common Stock	05/01/2007	S <u>(1)</u>	100	D	\$ 47.67	0	D
Common Stock	05/01/2007	M	1,300	A	\$ 42.27	1,300	D
Common Stock	05/01/2007	S <u>(1)</u>	1,300	D	\$ 47.68	0	D
Common Stock	05/01/2007	M	800	A	\$ 42.27	800	D
Common Stock	05/01/2007	S <u>(1)</u>	800	D	\$ 47.69	0	D
Common Stock	05/01/2007	M	4,800	A	\$ 42.27	4,800	D
Common Stock	05/01/2007	S <u>(1)</u>	4,800	D	\$ 47.7	0	D
Common Stock	05/01/2007	M	700	A	\$ 42.27	700	D
Common Stock	05/01/2007	S <u>(1)</u>	700	D	\$ 47.71	0	D
Common Stock	05/01/2007	M	1,000	A	\$ 42.27	1,000	D
Common Stock	05/01/2007	S <u>(1)</u>	1,000	D	\$ 47.72	0	D
Common Stock	05/01/2007	M	200	A	\$ 42.27	200	D
Common Stock	05/01/2007	S <u>(1)</u>	200	D	\$ 47.73	0	D
Common Stock	05/01/2007	M	400	A	\$ 42.27	400	D
Common Stock	05/01/2007	S <u>(1)</u>	400	D	\$ 47.74	0	D
Common Stock	05/01/2007	M	300	A	\$ 42.27	300	D
Common Stock	05/01/2007	S <u>(1)</u>	300	D	\$ 47.75	0	D
Common Stock	05/01/2007	M	700	A	\$ 42.27	700	D
	05/01/2007	S(1)	700	D		0	D

Common Stock					\$ 47.78		
Common Stock	05/01/2007	M	900	A	\$ 42.27	900	D
Common Stock	05/01/2007	S <u>(1)</u>	900	D	\$ 47.79	0	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Secur Acqu (A) o	erivative rities ired rosed of 3, 4,	6. Date Exercisab Expiration Date (Month/Day/Year		7. Title and A Underlying S (Instr. 3 and	Sec
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	o N o S
Non-Qualified Stock Option (right to buy)	\$ 36.32	05/01/2007		M		100	04/29/2003(2)	04/29/2012	Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 36.32	05/01/2007		M		1,200	04/29/2003(2)	04/29/2012	Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 36.32	05/01/2007		M		1,000	04/29/2003(2)	04/29/2012	Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 36.32	05/01/2007		M		800	04/29/2003(2)	04/29/2012	Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 36.32	05/01/2007		M		500	04/29/2003(2)	04/29/2012	Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 36.32	05/01/2007		M		100	04/29/2003(2)	04/29/2012	Common Stock	

Non-Qualified Stock Option (right to buy)	\$ 36.32	05/01/2007	M	1,000	04/29/2003(2)	04/29/2012	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 36.32	05/01/2007	M	900	04/29/2003(2)	04/29/2012	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 36.32	05/01/2007	M	100	04/29/2003(2)	04/29/2012	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 36.32	05/01/2007	M	500	04/29/2003(2)	04/29/2012	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 36.32	05/01/2007	M	100	04/29/2003(2)	04/29/2012	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 36.32	05/01/2007	M	200	04/29/2003(2)	04/29/2012	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 36.32	05/01/2007	M	200	04/29/2003(2)	04/29/2012	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 36.32	05/01/2007	M	400	04/29/2003(2)	04/29/2012	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 36.32	05/01/2007	M	100	04/29/2003(2)	04/29/2012	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 36.32	05/01/2007	M	300	04/29/2003(2)	04/29/2012	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 36.32	05/01/2007	M	300	04/29/2003(2)	04/29/2012	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 36.32	05/01/2007	M	100	04/29/2003(2)	04/29/2012	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 36.32	05/01/2007	M	500	04/29/2003(2)	04/29/2012	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 36.32	05/01/2007	M	300	04/29/2003(2)	04/29/2012	Common Stock
Non-Qualified Stock Option	\$ 36.32	05/01/2007	M	100	04/29/2003(2)	04/29/2012	Common Stock

(right to buy)							
Non-Qualified Stock Option (right to buy)	\$ 36.32	05/01/2007	M	400	04/29/2003(2)	04/29/2012	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 36.32	05/01/2007	M	336	04/29/2003(2)	04/29/2012	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 36.32	05/01/2007	M	164	04/29/2003(2)	04/29/2012	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 36.32	05/01/2007	M	200	04/29/2003(2)	04/29/2012	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 36.32	05/01/2007	M	100	04/29/2003(2)	04/29/2012	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 42.27	05/01/2007	M	3,200	12/30/2005(3)	01/12/2008	Common Stock 3
Non-Qualified Stock Option (right to buy)	\$ 42.27	05/01/2007	M	660	12/30/2005(3)	01/12/2008	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 42.27	05/01/2007	M	1,200	12/30/2005(3)	01/12/2008	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 42.27	05/01/2007	M	100	12/30/2005(3)	01/12/2008	Common Stock

Reporting Owners

Reporting Owner Name / Address				
	Director	10% Owner	Officer	Other
SARDINI ANN				
11 MADISON AVENUE			CFO	
17TH FLOOR			CFO	
NEW YORK, NY 10010				

Signatures

Ann Sardini	05/03/2007
**Signature of Reporting Person	Date

Reporting Owners 5

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sale was made pursuant to a previously adopted trading plan dated March 2, 2007 intended to comply with Rule 10b5-1. The plan was adopted to exercise stock options prior to their expiration and to diversify my holdings for financial and estate planning purposes.
- (2) Options for 100,000 shares were granted on April 29, 2002 and vested on the following schedule: 20% on April 29, 2003; 20% on April 29, 2006; 20% on April 29, 2006 and 20% on April 29, 2007.
- (3) Options for 20,000 shares were granted on January 13, 2003 and vested at 100% on December 30, 2005.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.