Edgar Filing: CARRAMERICA REALTY CORP - Form 4

CARRAME Form 4 August 23, 2	RICA REALTY 005	CORP										
FORM	14								OMB AF	PROVAL		
Washington, D.C. 20549								OMB Number:	3235-0287			
Check the if no long	er								Expires:	January 31, 2005		
subject to Section 16. STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OI SECURITIES						NERSHIP OF	Estimated average burden hours per					
	Form 4 or								response	0.5		
Form 5 obligations Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section												
may cont <i>See</i> Instru 1(b).	inue.			vestment	•	- ·						
(Print or Type F	Responses)											
HEISTER KURT A Symbol			er Name and Ticker or Trading AMERICA REALTY CORP				5. Relationship of Reporting Person(s) to Issuer					
[CRE]				AWERICA REALT I COM				(Check all applicable)				
(Last)	(First) (Middle)		f Earliest Tra	ansaction			Director X Officer (give		Owner er (specify		
(Month/D 1850 K STREET, NW, SUITE 500 08/19/20				-				below) below) Controller				
							6. Individual or Joint/Group Filing(Check					
Filed(Mon WASHINGTON, DC 20006				_X_F F					X_ Form filed by One Reporting Person Form filed by More than One Reporting			
$(\mathbf{C};\mathbf{t}_{n})$	(54-4-)	(7:						reison				
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned		
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)2A. Deemed Execution Date, if any (Month/Day/Year)		(A)				Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)					
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)				
Common Stock	08/19/2005			F	113	D	\$ 35.48	7,463 <u>(1)</u>	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Code	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Securi (Instr.	int of lying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date		Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address	Relationships						
reporting of the random second	Director	10% Owner	Officer	Other			
HEISTER KURT A 1850 K STREET, NW, SUITE 500 WASHINGTON, DC 20006			Controller				
Signatures							
Ann Marie Pulsch, as power of attorney	(08/23/2005					
**Signature of Reporting Person		Date					
Evalenation of Decremonal							

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Includes 7226 shares of restricted stock which automatically convert to common shares on a scheduled basis and 237 common shares.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.