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RICHARDS Form 4 April 07, 20	ON DEBRA	J								
FORM									OMB AF	PROVAL
-	UNII	ED STATI			AND EX(, D.C. 202		NGE C	OMMISSION	OMB Number:	3235-0287
Check th	aar								Expires:	January 31,
if no longer subject toSTATEMENT OF CHANGISection 16.SIForm 4 orFiled pursuant to Section 16(a)					RITIES				Estimated a burden hour response	•
obligatio may con <i>See</i> Instr 1(b).	ns Section	17(a) of th		tility Hol	ding Con	npany	Act of	1935 or Section	1	
(Print or Type)	Responses)									
	Address of Repor		Symbol AMERI INVES	ICAN EQ TMENT	l Ticker or UITY LIFE HO		-		k all applicable)
(Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) 6000 WESTOWN PARKWAY 04/05/2010						_X_ Director _X_ Officer (give below) Executiv	e title 0% Owner e title Other (specify below) ve VP & Secretary			
	(Street)				ate Original r)	l		6. Individual or Jo Applicable Line) _X_ Form filed by C Form filed by M Person	One Reporting Pe	rson
(City)	(State)	(Zip)	Tabl	le I - Non-I	Derivative	Securi	ties Acqu	iired, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction (Month/Day/Y	ear) Execut any		3. Transactic Code (Instr. 8) Code V	4. Securit or(A) or Dis (Instr. 3, 4)	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	04/05/2010			М	17,250	А	\$ 9.67	118,674	D	
Common Stock	04/05/2010	/2010		F	2,800	D	\$ 10.77	115,874	D	
Common Stock	04/05/2010	15/2010		F	28	28 D ^{\$} 10.79		₉ 115,846 D		
Common Stock	04/05/2010			F	452	D	\$ 10.8	115,394	D	
Common Stock	04/05/2010			F	200	D	\$ 10.81	115,194	D	

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Common Stock	04/05/2010	F	3,919	D	\$ 10.82	111,275	D
Common Stock	04/05/2010	F	4,200	D	\$ 10.83	107,075	D
Common Stock	04/05/2010	F	627	D	\$ 10.84	106,448	D
Common Stock	04/05/2010	F	3,400	D	\$ 10.85	103,048	D
Common Stock	04/05/2010	F	500	D	\$ 10.86	102,548	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)			6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) ((D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Options - Right to Buy	\$ 9.67	04/05/2010		М	17	,250	05/05/2000	05/05/2010	Common Stock	17,250

Reporting Owners

Reporting Owner Name / Address	Relationships							
1 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9	Director	10% Owner	Officer	Other				
RICHARDSON DEBRA J 6000 WESTOWN PARKWAY WEST DES MOINES, IA 50266	Х		Executive VP & Secretary					

Signatures

Debra J. Richardson

04/07/2010

Signature of
Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.