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AMERICAN EQUITY INVESTMENT LIFE HOLDING CO

Form 5

February 11, 2008

FORM								OMB A	PPROVAL		
Check this no longer		ΓΙΕS AND EXCHANGE COMMISSION ington, D.C. 20549					3235-0362 January 31, 2005				
to Section Form 4 or 5 obligatio may contin	ENT OF CHANGES IN BENI RSHIP OF SECURITIES				EFICIAL	Estimated average burden hours per response 1.0					
See Instruction 1(b).	Filed purs Section 17(a	uant to Section 1) of the Public U 30(h) of the In	tility Holdin	g Compa	ny A	ct of	1935 or Sectio	·			
CARLSON WENDY L Symbol AMERICAN INVEST			Issuer Name and Ticker or Trading mbol MERICAN EQUITY IVESTMENT LIFE HOLDING O [AEL]				5. Relationship of Reporting Person(s) to Issuer				
							(Check all applicable)				
(Last)	(First) (M	iddle) 3. Statem (Month/I	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year)				Director 10% Owner _X Officer (give title Other (specify below) CFO & General Counsel				
5000 WEST SUITE 440	OWN PARKWA	12/31/2 Y,	007								
			mendment, Date Original Aonth/Day/Year)				6. Individual or Joint/Group Reporting (check applicable line)				
WEST DES	MOINES, IAÂ	50266					_X_ Form Filed by Form Filed by I Person				
(City)	(State)	Zip) Tab	le I - Non-Deri	vative Sec	uritie	s Acqu	ired, Disposed of	f, or Beneficia	lly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned at end	Form: Direct (D) or Indirect (I)	Indirect Beneficial Ownership		
				Amount	(A) or (D)	Price	of Issuer's Fiscal Year (Instr. 3 and 4)	(Instr. 4)	(Instr. 4)		
Common Stock	Â	Â	Â	Â	Â	Â	98,125	D	Â		
	ort on a separate line ficially owned directly		contained in	n this for	m are	not r	llection of infor equired to resp alid OMB contro	ond unless	SEC 2270 (9-02)		

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	Secu Acqu (A)	vative urities uired or oosed O) rr. 3,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amoun Underlying Securiti (Instr. 3 and 4)	
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Sha
Options-Right to Buy	\$ 10.77	Â	Â	Â	Â	Â	06/30/2005	12/31/2014	Common Stock	20,0
Options-Right to Buy	\$ 11	Â	Â	Â	Â	Â	06/10/2004	06/10/2014	Common Stock	20,0
Options-Right to Buy	\$ 9	Â	Â	Â	Â	Â	12/04/2003	12/04/2013	Common Stock	20,0
Options-Right to Buy	\$ 9.67	Â	Â	Â	Â	Â	12/29/2000	12/29/2010	Common Stock	30,0
Options-Right to Buy	\$ 9.67	Â	Â	Â	Â	Â	05/05/2000	05/05/2010	Common Stock	15,0
Options-Right to Buy	\$ 7.33	Â	Â	Â	Â	Â	06/07/1999	06/07/2009	Common Stock	52,5

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director 10% Owner		Officer	Other			
CARLSON WENDY L 5000 WESTOWN PARKWAY, SUITE 440 WEST DES MOINES. IA 50266	Â	Â	CFO & General Counsel	Â			

Signatures

Debra J. Richardson, by Power of Attorney 02/11/2008

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 2