Braun Sidney							
Form 5 March 30, 2009							
FORM 5					OMB A	APPROVAL	
	ITED STATE	S SECURITIES A	AND EXCHANGE	COMMISSION	OMB Number:	3235-0362	
Check this box if no longer subject	Check this box if Wa			ashington, D.C. 20549			
to Section 16. Form 4 or Form 5 obligations may continue.	ANNUAL S		IENT OF CHANGES IN BENEFICIAL ERSHIP OF SECURITIES			2005 average urs per 1.0	
	ion $17(a)$ of the	Public Utility Hol	ne Securities Exchan ding Company Act of t Company Act of 19	of 1935 or Section	n		
1. Name and Address of Ro Braun Sidney	eporting Person *	2. Issuer Name and Symbol SPO Medical Ind	-	5. Relationship of Reporting Person(s) to Issuer			
(Last) (First)	(Middle)	3. Statement for Issu (Month/Day/Year) 12/31/2008	(Check all applicable) X_ Director 10% Owner Officer (give title Other (specify				
C/O: SPO MEDICAL HAPA'AMON,, SU HATA'AS STREET				below)	below)		
(Street)	4. If Amendment, D Filed(Month/Day/Yea	d(Month/Day/Year)			int/Group Reporting c applicable line)		
KFAR SABA, L3Â	44425			_X_ Form Filed by Form Filed by M Person			
(City) (State)	(Zip)	Table I - Non-	Derivative Securities A	cquired, Disposed of	f, or Beneficia	ally Owned	
1.Title of 2. Transaction Security (Month/Day (Instr. 3)	any		4. Securities n Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) Pric	Securities H Beneficially (Owned at end H of Issuer's (Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.					SEC 2270 (9-02)		
			quired, Disposed of, or l s, options, convertible s				
1. Title of 2. Derivative Conversion	3. Transaction Da	ate 3A. Deemed r) Execution Date, if	4. 5. Num Transaction Derivat		ercisable and	7. Title and Amount of Underlying Securities	

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Security (Instr. 3)	or Exercise Price of Derivative Security		any (Month/Day/Year)	Code (Instr. 8)	Securities (M Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		(Month/Day/Year)		(Instr. 3 and 4)	
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Share
Common Stock Options	\$ 0.13	12/05/2008	Â	А	25,000	Â	(1)	12/05/2014	Common Stock Options	25,000

Reporting Owners

Reporting Owner Name / Address		Relationships					
		Director	10% Owner	Officer	Other		
Braun Sidney C/O: SPO MEDICAL INC. BEIT, HAPA'AMON, SUITE 209, 20 HATA'AS STREET KFAR SABA, L3 44425		ÂX	Â	Â	Â		
Signatures							
/s/ Sidney Braun	03/30/2009						
**Signature of Reporting Person	Date						

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The options were issued under the Company's 2005 Non Employee Directors Stock Option Plan and became exercisable upon grant.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.