CD&L INC Form 4 July 06, 2006

### FORM 4

Check this box

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington D.C. 20549

Washington, D.C. 20549

# if no longer subject to Section 16. Form 4 or STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction 1(b).

Form 5

obligations

may continue.

(Print or Type Responses)

VAN NESS ALBERT W JR		Symbol	Issuer	Issuer			
		CD&L INC [CDV]	(Check a	(Check all applicable)			
(Last) (First)	(Middle)	3. Date of Earliest Transaction	( a see ar affection)				
		(Month/Day/Year)	_X_ Director	10% Owner			
C/O CD&L, INC., 80 WESLEY STREET		07/03/2006	_X_ Officer (give titl	e Other (specif			
		0110312000	below)	below)			
			Chief Exe	cutive Officer			

2. Issuer Name and Ticker or Trading

(Street)

4. If Amendment, Date Original
Filed(Month/Day/Year)

5. Individual or Joint/Group Filing(Check
Applicable Line)
\_X\_ Form filed by One Reporting Person

#### SOUTH HACKENSACK, NJ 07606

1. Name and Address of Reporting Person \*

(City)	(State) (Z	Zip) Table	I - Non-D	erivative S	ecurities Acc	quired, Disposed o	of, or Beneficial	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securiti onAcquired Disposed (Instr. 3, 4	(A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common						136,160	D	

Stock 150,100 E

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Person

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

**OMB APPROVAL** 

Estimated average

burden hours per

3235-0287

January 31,

2005

0.5

OMB

Number:

Expires:

response...

5. Relationship of Reporting Person(s) to

Form filed by More than One Reporting

#### Edgar Filing: CD&L INC - Form 4

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNum of Deriv Secu Acqu (A) c Dispo of (D (Instr 4, an	vative rities nired or osed O) r. 3,		e	7. Title and A Underlying S (Instr. 3 and	Securities
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Series A Convertible Note due 2011	\$ 1.016	07/03/2006		S		0 (1)	04/14/2004	04/14/2011	Common Stock	590,551

# **Reporting Owners**

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
VAN NESS ALBERT W JR C/O CD&L, INC. 80 WESLEY STREET SOUTH HACKENSACK, NJ 07606	X		Chief Executive Officer				

## **Signatures**

/s/ Albert W. Van
Ness, Jr.

\*\*Signature of Reporting

Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reporting person sold a Series A Convertible Note in the aggregate principal amount of \$600,000, convertible into 590,551 shares of common stock of the Company.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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