## Edgar Filing: Powell Jeffrey L - Form 4

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Form 4	,										
March 05, 2010	UNITEI	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940								Number:3235-0287Expires:January 31, 2005Estimated average burden hours per response0.5	
Check this bo if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).	STATE Filed pr Section 17								Estimated a burden hou response		
(Print or Type Respo	onses)										
1. Name and Address of Reporting Person <u>*</u> Powell Jeffrey L			2. Issuer Name <b>and</b> Ticker or Trading Symbol KADANT INC [KAI]				g	5. Relationship of Reporting Person(s) to Issuer			
(Last) (First) (Middle) KADANT INC., ONE TECHNOLOGY PARK DRIVE			3. Date of Earliest Transaction (Month/Day/Year) 03/03/2010					(Check all applicable) <u>X</u> Director 10% Owner X Officer (give title Other (specify below) below) SENIOR VICE PRESIDENT			
Fil				4. If Amendment, Date Original Filed(Month/Day/Year)			<ul> <li>6. Individual or Joint/Group Filing(Check</li> <li>Applicable Line)</li> <li>_X_ Form filed by One Reporting Person</li> <li> Form filed by More than One Reporting</li> </ul>				
(City)	(State)	(Zip)						Person			
1.Title of 2. Security (M (Instr. 3)	Transaction D Ionth/Day/Yea	ate 2A. Dee ar) Executio any		3. Transactio Code (Instr. 8) Code V	4. Securit nAcquired Disposed (Instr. 3, 4	ies (A) o of (D	r )	quired, Disposed o 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	f, or Beneficial 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	-	
Common Stock								0	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exer Expiration D (Month/Day,	Date	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Common Stock	\$ 0	03/03/2010		А	6,744	<u>(1)</u>	03/10/2013	Common Stock	6,744 (1)
Stock Option (Right to Buy)	\$ 14.17	03/03/2010		A	15,736	(2)	03/03/2020	Common Stock	15,736 (2)

## **Reporting Owners**

<b>Reporting Owner Name / Address</b>	Relationships						
r g the state	Director	10% Owner	Officer	Other			
Powell Jeffrey L KADANT INC. ONE TECHNOLOGY PARK DRIVE WESTFORD, MA 01886			SENIOR VICE PRESIDENT				
Signatures							
by Sandra L. Lambert for Jeffrey L. Powell	03/0	5/2010					
**Signature of Reporting Person	D	ate					

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Each Restricted Stock Unit ("RSU") represents the right to receive one share of the issuer's common stock. The RSU vests in three equal annual installations beginning on March 10, 2011, provided that the issuer meets certain performance requirements for fiscal 2010 and the reporting person is employed by the issuer on the vesting date. The maximum number of shares the reporting person may receive is 150% of the RSU amount.

(2) This stock option vests and becomes exercisable in three equal annual installments beginning on March 3, 2011, provided the reporting person is employed by the issuer on the vesting date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.