## Edgar Filing: ALLEN JOHN K - Form 4

ALLEN IOUN V

Form 4												
January 05, 20	Л	D STATES					NGE (	COMMISSION		PPROVAL		
Check this if no longe subject to Section 16 Form 4 or Form 5 obligation may contin <i>See</i> Instruct 1(b).	Filed p snue. Section 1	<b>STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF</b> <b>SECURITIES</b> Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section							Number: Expires: Estimated burden hou response	Number: 3235-0287		
(Print or Type R	esponses)											
			2. Issuer Name <b>and</b> Ticker or Trading Symbol KADANT INC [KAI]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Me				Date of Earliest Transaction Month/Day/Year) 1/02/2010				XDirector10% Owner Officer (give titleOther (specify below) below)				
				Amendment, Date Original (Month/Day/Year)				<ul> <li>6. Individual or Joint/Group Filing(Check</li> <li>Applicable Line)</li> <li>_X_ Form filed by One Reporting Person</li> </ul>				
WESTFORE	<b>9</b> , MA 01886								More than One R			
(City)	(State)	(Zip)	Table	e I - Non-D	erivative S	ecuri	ties Ac	quired, Disposed o	of, or Beneficia	lly Owned		
1.Title of Security (Instr. 3)	2. Transaction E (Month/Day/Ye	ansaction Date 2A. Deemed th/Day/Year) Execution Date, if any (Month/Day/Year)		3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5) (A) or Code V Amount (D) Price				5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
Common Stock	01/02/2010			М	1,250	А	<u>(1)</u>	29,105	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	<ul> <li>5. Number</li> <li>action f Derivative Securities</li> <li>8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)</li> </ul>		rivative Expiration Date ities (Month/Day/Year) ired r sed of . 3, 4,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Pr Deriv Secu (Inst
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Restricted Stock Unit	\$ 0	01/02/2010		М		1,250 (1)	<u>(1)</u>	(1)	Common Stock	1,250 (1)	\$

## **Reporting Owners**

Reporting Owner Name / Address				
The forming of the stand of the stand of	Director	10% Owner	Officer	Other
ALLEN JOHN K KADANT INC. ONE TECHNOLOGY PARK DRIVE WESTFORD, MA 01886	Х			
Signatures				
by Sandra L. Lambert for John K. Allen	01	/05/2010		
**Signature of Reporting Person		Date		
Evaloretion of Deener				

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents partial vesting of restricted stock unit award on 01/02/2010 and delivery of shares to the reporting person pursuant to the terms of a restricted stock unit award agreement dated 3/4/09.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.