Langevin Eric T Form 4 June 19, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Langevin Eric T

2. Issuer Name and Ticker or Trading Symbol

Issuer

KADANT INC [KAI]

(Last) (First) (Middle) 3. Date of Earliest Transaction

(Month/Day/Year) 06/15/2007

Director 10% Owner

(Check all applicable)

5. Relationship of Reporting Person(s) to

OMB APPROVAL

3235-0287

January 31,

2005

0.5

OMB

Number:

Expires:

response...

Estimated average

burden hours per

KADANT INC., ONE TECHNOLOGY PARK DRIVE

4. If Amendment, Date Original

Other (specify _X__ Officer (give title below) SENIOR VICE PRESIDENT

6. Individual or Joint/Group Filing(Check

(Street) Filed(Month/Day/Year)

Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting

Person

WESTFORD, MA 01886

(City)	(State)	(Zip) Table	e I - Non-D	erivative	Secur	rities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (Code (Instr. 3, 4 and 5) (Instr. 8)		ed of (D)	5. Amount of Securities Beneficially Owned Following	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Common Stock	06/15/2007		M	500	A	\$ 13.05	6,862	D	
Common Stock	06/15/2007		S	500	D	\$ 29.71	6,362	D	
Common Stock	06/15/2007		M	200	A	\$ 13.05	6,562	D	
Common Stock	06/15/2007		S	200	D	\$ 29.76	6,362	D	
Common Stock	06/15/2007		M	400	A	\$ 13.05	6,762	D	

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Common Stock	06/15/2007	S	400	D	\$ 29.75	6,362	D
Common Stock	06/15/2007	M	1,000	A	\$ 13.05	7,362	D
Common Stock	06/15/2007	S	1,000	D	\$ 29.69	6,362	D
Common Stock	06/15/2007	M	500	A	\$ 13.05	6,862	D
Common Stock	06/15/2007	S	500	D	\$ 29.62	6,362	D
Common Stock	06/15/2007	M	400	A	\$ 13.05	6,762	D
Common Stock	06/15/2007	S	400	D	\$ 29.61	6,362	D
Common Stock	06/15/2007	M	100	A	\$ 13.05	6,462	D
Common Stock	06/15/2007	S	100	D	\$ 29.72	6,362	D
Common Stock	06/15/2007	M	1,000	A	\$ 13.05	7,362	D
Common Stock	06/15/2007	S	1,000	D	\$ 29.8	6,362	D
Common Stock	06/15/2007	M	800	A	\$ 13.05	7,162	D
Common Stock	06/15/2007	S	800	D	\$ 29.63	6,362	D
Common Stock	06/15/2007	M	500	A	\$ 13.05	6,862	D
Common Stock	06/15/2007	S	500	D	\$ 29.57	6,362	D
Common Stock	06/15/2007	M	600	A	\$ 13.05	6,962	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)			6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right To Buy)	\$ 13.05	06/15/2007		M		6,000	12/10/2001	12/10/2008	Common Stock	6,000

Reporting Owners

Reporting Owner Name / Address	Relationships							
reporting o meet runner, runners	Director	10% Owner	Officer	Other				
Langevin Eric T								
KADANT INC.			SENIOR VICE					
ONE TECHNOLOGY PARK DRIVE			PRESIDENT					
WESTFORD, MA 01886								

Signatures

Sandra L. Lambert for Eric T.
Langevin
06/19/2007

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Remarks:

THE TRANSACTIONS REPORTED ON THIS FORM 4 WERE EXECUTED PURSUANT TO A RULE 10b5-1 TRADING

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 3