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KADANT IN Form 4	NC										
June 11, 200	7										
FORM A									OMB APPROVAL		
UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							OMB Number:	3235-0287			
Check this box if no longer subject to Section 16. Form 4 or				GES IN F SECURI		Expires:January 31, 2005Estimated average burden hours per response0.5					
Form 5 obligation may cont See Instru 1(b).	inue. Section 1	7(a) of the		ility Hold	ing Com	pany	Act o	ge Act of 1934, of 1935 or Sectio 40	on		
(Print or Type F	Responses)										
1. Name and Address of Reporting Person <u>*</u> PAINTER JONATHAN W			2. Issuer Name and Ticker or Trading Symbol KADANT INC [KAI]				g	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Ch								
KADANT I TECHNOLO	NC., ONE OGY PARK D	RIVE	(Month/Da 05/24/20	-				Director XOfficer (giv below) EXECUTI		6 Owner er (specify SIDENT	
WESTEODI	(Street) D, MA 01886		4. If Amendment, Date Original Filed(Month/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 				
WESTFOR	D, MA 01000							Person			
(City)	(State)	(Zip)	Table	e I - Non-Do	erivative S	ecurit	ties Ac	quired, Disposed o	of, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date 2A. De (Month/Day/Year) Execut any (Month			Code	4. Securities ansactionAcquired (A) or ode Disposed of (D) nstr. 8) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)			
Common Stock								3	Ι	By son	
Common Stock								23,183	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Restricted Stock Unit	\$ 0	05/24/2007		А	10,000	(1)	01/02/2010	Common Stock	10,000 (1)

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
PAINTER JONATHAN W KADANT INC. ONE TECHNOLOGY PARK DRIVE WESTFORD, MA 01886			EXECUTIVE VICE PRESIDENT				
Signatures							
by Sandra L. Lambert for Jonathan W. Painter		5/11/2007					

**Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Each Restricted Stock Unit ("RSU") represents the right to receive one share of the issuer's common stock. The RSU vests on 1/2/2010,
(1) provided that the issuer meets certain performance requirements and the reporting person remains employed by the issuer through the vesting date. The maximum number of shares the reporting person may receive is 150% of the RSU amount.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.