Edgar Filing: SAIA INC - Form 4/A

| Check this box if no longer subject to SECURITIES Section 16. SECURITIES | | | | | | | | | | 3235-0287 January 31, 2005 verage | |
|--|---|---|---|--------------|------------|--------|--|---|----------------|--|--|
| (Print or Type Responses) | | | | | | | | | | | |
| 1. Name and Address of Reporting Person <u>*</u> BUCHHOLZ SALLY R | | | 2. Issuer Name and Ticker or Trading Symbol SAIA INC [SAIA] | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) | | | |
| (Last) | (First) (| Virst) (Middle) 3. Date of Earliest Transaction | | | | | | (Check | all applicable |) | |
| 11465 JOH SUITE 400 | | (Month/Day/Year) 11/08/2013 | | | | | Director 10% Owner X Officer (give title Other (specify below) VP Marketing/Customer Service | | | | |
| JOHNS CF |] | Filed(Month/Day/Year) 11/12/2013 | | | | | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | |
| (City) | (State) | (Zip) | Tabl | le I - Non-l | Derivative | e Secu | rities Acqu | ired, Disposed of, | or Beneficial | ly Owned | |
| 1.Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deeme Execution I any (Month/Day | on Date, if Transaction Disposed of (D) Securities Ownership Code (Instr. 3, 4 and 5) Beneficially Form: | | | | | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | | |
| Common Stock | 11/08/2013 | | | S | 9,630 | D | \$ 32.2513 | 5,345.25 | D | | |
| Common Stock | 11/08/2013 | 11/08/201 | 13 | М | 9,645 | А | \$ 7.9733 | 14,990.25 | D | | |
| Common Stock | 11/08/2013 | | | S | 9,645 | D | \$ 32.2513 | 5,345.25 | D | | |
| Common Stock | 11/08/2013 | 11/08/201 | 13 | М | 9,630 | А | \$ 8.0667 | 14,975.25 | D | | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transactic Code (Instr. 8) | Secur Acqu (A) o Dispo (D) | erivative rities ired r osed of $\therefore 3, 4,$ | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. Title and Amount of Underlying Securities (Instr. 3 and 4) | |
|---|---|---|---|--|--|---|--|--------------------|---|----------------------------------|
| | | | | Code V | (A) | (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares |
| Stock Options (Right to Buy) | \$ 7.9733 | 11/08/2013 | 11/08/2013 | М | | 9,645 | 02/03/2012 | 02/02/2016 | Common Stock | 9,645 |
| Stock Options (Right to Buy) | \$ 8.0667 | 11/08/2013 | 11/08/2013 | М | | 9,630 | 02/02/2013 | 02/01/2017 | Common Stock | 9,630 |
| Phantom Stock | <u>(1)</u> | | | | | | (2) | (3) | Common Stock | 7,442.118 |
| Stock Options (Right to Buy) | \$ 17.8133 | | | | | | 02/02/2010 | 02/02/2014 | Common Stock | 0 |
| Stock Options (Right to Buy) | \$ 9.8067 | | | | | | 02/01/2011 | 01/31/2015 | Common Stock | 0 |
| Stock Options (Right to Buy) | \$ 10.9267 | | | | | | 05/02/2014 | 05/01/2018 | Common Stock | 8,490 |
| Stock Options (Right to Buy) | \$ 11 | | | | | | 02/02/2015 | 02/02/2019 | Common Stock | 10,425 |
| Stock Options | \$ 27.28 | | | | | | 04/30/2016 | 04/29/2020 | Common Stock | 8,745 |

(Right to Buy)

Reporting Owners

| Reporting Owner Name / Address | | Relationships | | | | | | |
|--|---|---------------|-------------------------------|---------|-------|--|--|--|
| r o | 1 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 | | | Officer | Other | | | |
| BUCHHOLZ SALLY 11465 JOHNS CREEI JOHNS CREEK, GA | | | VP Marketing/Customer Service | | | | | |
| Signatures | | | | | | | | |
| /s/ Stephanie R. Maschmeier | 02/06/2014 | | | | | | | |
| **Signature of Reporting Person | Date | | | | | | | |

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The conversion rate of this derivative security on November 8, 2013 is 1.2199 resulting in 9,078.71 shares of common stock (underlying security in column 7).
- (2) Immediate
- (3) The shares of phantom stock become payable, in stock, upon reporting person's termination of service as an employee, in accordance with the terms of the Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.