STERLING FINANCIAL CORP /WA/

Form 4

December 18, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

OMB

OMB APPROVAL

Washington, D.C. 20549

3235-0287 Number: January 31,

2005

if no longer subject to Section 16. Form 4 or

Check this box

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Estimated average burden hours per response... 0.5

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

Expires:

1(b).

(Print or Type Responses)

1. Name and A BUTTERFI	2. Issuer Name and Ticker or Trading Symbol					5. Relationship of Reporting Person(s) to Issuer						
		STERLING FINANCIAL CORP /WA/ [STSA]					(Check all applicable)					
(Last) (First) (Middle) 111 N. WALL STREET			3. Date of Earliest Transaction (Month/Day/Year) 12/16/2013					Director 10% Owner _X_ Officer (give title Other (specify below) Controller/Prin. Acct. Officer				
				4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owner									ly Owned			
1.Title of Security (Instr. 3)	2. Transaction Do (Month/Day/Yea	emed on Date, if 'Day/Year)	n Date, if Transaction(A) or Disposed of (E Code (Instr. 3, 4 and 5)			ed of (D)	Owned Indirect (I) Ow Following (Instr. 4) (Instr. 4)					
				Code V	Amount	or	Price	Transaction(s) (Instr. 3 and 4)				
Common Stock	12/16/2013			M	2,391	A	(1)	4,431	D			
Common Stock	12/16/2013			F	831 (2)	D	\$ 32.93	3,600	D			
Common Stock								162	I	401k		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Security or I (Instr. 3) Prio		2. Conversion or Exercise Price of	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number proof Derivative Securities Acquired	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and A Underlying S (Instr. 3 and A	Securities
		Derivative Security				(A) or Disposed of (D) (Instr. 3, 4, and 5)				
					Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
	Restricted Stock Unit	(3)	12/16/2013		M	2,391	(3)	12/14/2013(3)	Common Stock	2,391

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

BUTTERFIELD ROBERT G 111 N. WALL STREET SPOKANE. WA 99201

Controller/Prin. Acct. Officer

Signatures

/s/ Lara L. Hemingway, attorney-in-fact

12/18/2013

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents the vesting of 2,391 restricted stock units.
- (2) Shares withheld by Registrant to satisfy minimum withholding requirements on vesting of restricted stock units.

Each restricted stock unit represents a contingent right to receive one share of common stock. 25% of the restricted stock units vest immediately upon grant (December 14, 2010), 25% of the restricted stock units are scheduled to vest each year over the next 3 years on

(3) immediately upon grant (December 14, 2010), 25% of the restricted stock units are scheduled to vest each year over the next 3 years on the grant's anniversary date (totaling 75% over the 3 year time period), subject to the reporting person's continued employment with the Company on such date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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