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									PPROVAL 3235-0287 January 31, 2005 average irs per 0.5	
(Print or Type R	Responses)									
1. Name and A Eckhardt Ez	Symbol STERL	2. Issuer Name and Ticker or Trading Symbol STERLING FINANCIAL CORP /WA/ [STSA]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Mon			. Date of Earliest Transaction Month/Day/Year) 8/17/2012				Director 10% Owner Officer (give title Other (specify below) COO - Sterling Financial Corp.			
	endment, Date Original nth/Day/Year)			 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 						
SPOKANE,	WA 99201						Person	More than One R	eporting	
(City)	(State) (Z	Cip) Tabl	e I - Non-D	erivative S	ecuri	ties Ac	quired, Disposed o	of, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	4. Securit onAcquired Disposed (Instr. 3, Amount	(A) o of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	08/17/2012		A <u>(1)</u>	358 <u>(2)</u>		\$ 0	51,702	D		
Common Stock							10,072	Ι	401k	
Common Stock							925	Ι	Spouse IRA	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date 3A. Deemed (Month/Day/Year) Execution Dat any (Month/Day/Y		4. Transactio Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Own Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		
Repo	rting O	wners									
Reporting Owner Name / Address				Relation	ships						

	Director	10% Owner	Officer	Other
Eckhardt Ezra 111 N. WALL STREET SPOKANE, WA 99201			COO - Sterling Financial Corp.	
Signatures				
/s/ Karla J. Gehlen, attorney-in-fact		08/21/2012		
<u>**Signature of Reporting Person</u>		Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Grant of salary stock in the form of mandatorily deferred Restricted Stock Units as approved by Sterling's board of directors in March of
 2012. Future RSUs are to be granted each payroll period and will be calculated using the closing price of Sterling's common stock on the NASDAQ Capital Market as of the last trading day in each payroll period.

(2) Units vest immediately upon grant, however, delivery of the awarded shares is deferred until future distribution dates provided in the Agreement between Sterling and Mr. Eckhardt.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.