Edgar Filing: 1 800 FLOWERS COM INC - Form 4

1 800 FLOW Form 4 February 10,	ERS COM IN 2014	С								
FORM 4 UNITED STATES SECUL Wa Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue.				RITIES AND EXCHANGE C shington, D.C. 20549 GES IN BENEFICIAL OW SECURITIES 6(a) of the Securities Exchang tility Holding Company Act of vestment Company Act of 194				NERSHIP OF NERSHIP OF e Act of 1934, F 1935 or Section Number: 3235 Expires: Lanua Expires: Stimated average burden hours per response		3235-0287 January 31, 2005 average
1(b). (Print or Type R	esponses)									
Leap Arnold P Symbol			Name and Ticker or Trading LOWERS COM INC				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle) 3. Date of (Month/D ONE OLD COUNTRY ROAD, SUITE 500			-			Director 10% Owner X Officer (give title Other (specify below) below) Chief Information Officer				
	Filed(Mon			ndment, Date Original th/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 		
(City)	CE, NY 1151 (State)	(Zip)						Person		
1.Title of Security (Instr. 3)	2. Transaction E (Month/Day/Ye	Date 2A. Deen ar) Execution any	med	3. Transactio Code	4. Securiti on(A) or Dis (D) (Instr. 3, 4	ies Ac sposed	quired of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	f, or Beneficial 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of
Class A Common Stock	02/03/2014			A	10,000	D	\$0	10,000	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,			Amou Under Secur	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owno Follo Repo Trans (Instr
			Code V	4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Addu	ress		Relationships			
	Director	10% Owner	Officer	Other		
Leap Arnold P ONE OLD COUNTRY ROAD SUITE 500 CARLE PLACE, NY 11514			Chief Information Officer			
Signatures						
/s/Arnold P. Leap	02/10/2014					
**Signature of	Date					

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Person