

1 800 FLOWERS COM INC  
 Form 4  
 November 20, 2007

**FORM 4** UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
 Washington, D.C. 20549

OMB APPROVAL

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**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
**GALLAGHER GERARD M**

2. Issuer Name and Ticker or Trading Symbol  
**1 800 FLOWERS COM INC [FLWS]**

5. Relationship of Reporting Person(s) to Issuer  
 (Check all applicable)

(Last) (First) (Middle)  
**ONE OLD COUNTRY ROAD, SUITE 500**  
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)  
**11/19/2007**

\_\_\_\_ Director \_\_\_\_\_ 10% Owner  
 Officer (give title below) \_\_\_\_\_ Other (specify below)  
**SVP/General Counsel**

**CARLE PLACE, NY 11514**

(City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				(A) or (D)	Price			
				Code	V	Amount		
Class A Common Stock	11/19/2007		M	50,000	A	\$ 3.65	50,000	D
Class A Common Stock	11/19/2007		S	1,100	D	\$ 10.56	48,900	D
Class A Common Stock	11/19/2007		S	6,628	D	\$ 10.55	42,272	D
Class A Common Stock	11/19/2007		S	714	D	\$	41,558	D

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Common Stock						10.51	
Class A Common Stock	11/19/2007	S	28,727	D	\$ 10.5	12,831	D
Class A Common Stock	11/19/2007	S	2,831	D	\$ 10.52	10,000	D
Class A Common Stock	11/19/2007	S	1,500	D	\$ 10.58	8,500	D
Class A Common Stock	11/19/2007	S	3,500	D	\$ 10.57	5,000	D
Class A Common Stock	11/19/2007	S	5,000	D	\$ 10.6	0 <sup>(1)</sup>	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right To Buy)	\$ 3.65	11/19/2007		M	50,000	12/06/2003	12/06/2010	Class A Common Stock	50,000

## Reporting Owners

Reporting Owner Name / Address

Relationships

Reporting Owners

Director    10% Owner    Officer                                  Other

GALLAGHER GERARD M  
ONE OLD COUNTRY ROAD  
SUITE 500  
CARLE PLACE, NY 11514

SVP/General Counsel

## Signatures

/s/ Gerard M.  
Gallagher

11/20/2007

\_\_Signature of Reporting                                  Date  
Person

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Mr. Gallagher also owns 32,375 shares of Class A Common Stock.

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