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AMERICAN EQ Form 4 June 09, 2014	UITY INVES	TMENT LIFE H	OLDING	СО						
FORM 4 OMB > DESCRPTION SECURITIES AND EXCHANGE COMMISSION MUSSION MUSSION D.C. 20549 OMB Number: OMB Numbe								3235-0287 January 31, 2005 average rs per		
(Print or Type Respo	onses)									
Clark Alexander Meeker Symbol AMEI INVE CO [A			. Issuer Name and Ticker or Trading mbol MERICAN EQUITY VESTMENT LIFE HOLDING D [AEL] Date of Earliest Transaction				5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Officer (give title10% Owner Other (specify below)below)			
			Month/Day/Year))6/05/2014							
(Street) 4. If Amen			endment, Date Original nth/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
WEST DES MC	$DINES, IA \; 502$	00					Person		1 0	
(City)	(State) (Z	Zip) Table	e I - Non-De	erivative S	ecuri	ties Aco	quired, Disposed of	, or Beneficial	ly Owned	
	Transaction Date onth/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8) Code V	Disposed (Instr. 3,	(A) o of (D)	Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common 06 Stock 06	/05/2014		А	3,000 (1)	А	\$0	28,000	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of 2. Derivative Conversion Security or Exercise (Instr. 3) Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. of Derivative Securities Acquired (A) or Disposed of (D)			7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owno Follo Repo Trans
		Code V	of (D) (Instr. 3, 4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr

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Reporting Owners

Reporting Owner Name / Address	Relationships					
Toporting of the reader of	Director	10% Owner	Officer	Other		
Clark Alexander Meeker 6000 WESTOWN PARKWAY WEST DES MOINES, IA 50266	Х					
Signatures						
Debra J. Richardson, by Power of Attorney	06/09/2014					
<u>**</u> Signature of Reporting Person		Date	e			

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). **
- An award of restricted stock that vests one year from the date of grant or on the day of AEL's 2015 annual meeting of the shareholders, (1) whichever is earlier.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.