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RUSS JAMES Form 4	GG								
January 31, 20	005								
FORM	4 LINITED ST	ATES SECUDI	TIEC AN	ID EVC		CEC	OMMISSION		PPROVAL
Washington, D.C. 20549						OWIMI55ION	OMB Number:	3235-0287	
Check this if no longer subject to Section 16. Form 4 or Form 5	S	F CHANGES IN BENEFICIAL OWN SECURITIES					Expires: Estimated a burden hou response	ed average nours per	
obligations may contin <i>See</i> Instruc 1(b).	ue. Section 17(a) of tion	ant to Section 16(of the Public Util 30(h) of the Inve	ity Holdi	ng Comp	bany .	Act of	1935 or Section	1	
(Print or Type Re	sponses)								
1. Name and Add RUSS JAME	Symbol	2. Issuer Name and Ticker or Trading Symbol GOLD BANC CORP INC [GLDB]				5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (Midd				lorr		(Checl	c all applicable	2)
16500 SINGI	(Month/Day	(Month/Day/Year) 01/28/2005				X_ Director 10% Owner Officer (give title Other (specify below) below)			
MYAKKA C	(Street) ITY, FL 34251	4. If Ameno Filed(Month		Original			6. Individual or Jo Applicable Line) _X_ Form filed by O Form filed by M Person	ne Reporting Pe	rson
(City)	(State) (Zip	^{p)} Table	I - Non-De	rivative So	curiti	ies Aca	uired, Disposed of	or Beneficial	lv Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		3. Transactio Code (Instr. 8)	4. Securi on(A) or D (D)	ties Ad isposed 4 and (A) or	cquired d of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect
Common Stock	01/28/2005		S	2,000	D	\$ 14.4	171,814	D	
Common Stock							20,000	I	See (1)
Common Stock							22,374	I	See <u>(2)</u>
Commmon Stock							826	I	See <u>(3)</u>
Common Stock							94,995	I	See <u>(4)</u>

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	S		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option	\$ 6.81					07/01/1999	07/01/2008	Common Stock	11,268
Stock Option	\$ 7.25					03/08/2001	03/08/2010	Common Stock	2,500
Stock Option	\$ 7.25					03/06/2002	03/06/2011	Common Stock	5,000
Stock Option	\$ 7.1					01/23/2003	01/23/2012	Common Stock	5,000
Stock Option	\$ 10.41					01/22/2004	01/22/2013	Common Stock	5,000
Stock Option	\$ 14.4					01/21/2005	01/21/2014	Common Stock	5,000

Reporting Owners

Reporting Owner Name / Address	Relationships					
1 0	Director	10% Owner	Officer Other			
RUSS JAMES G 16500 SINGLETARY RD MYAKKA CITY, FL 34251	Х					

8. Pri Deriv Secur (Instr

Signatures

James G. Russ

01/28/2005

**Signature of	
Reporting Person	

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares are owned by Mr. Russ and his wife, Cathryne Russ, as joint tenants.
- (2) These shares are owned by Mr. Russ and Christine Russ, as joint tenants.
- (3) These shares are owned by Cathryne Russ, spouse of Mr. Russ.
- (4) These shares are owned by Russ Citrus Groves, Ltd., of which Mr. Russ is the General Partner.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.