ALLSTATE CORP Form 4

March 02, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

Washington, D.C. 20549

if no longer subject to Section 16. Form 4 or Form 5 obligations

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person * PILCH SAMUEL H

2. Issuer Name and Ticker or Trading Symbol

ALLSTATE CORP [ALL]

3. Date of Earliest Transaction

(Month/Day/Year) 03/01/2005

5. Relationship of Reporting Person(s) to Issuer

OMB APPROVAL

3235-0287

January 31,

2005

0.5

OMB

Number:

Expires:

response...

Estimated average

burden hours per

(Check all applicable)

Director 10% Owner Other (specify X_ Officer (give title below) below)

Controller

THE ALLSTATE CORPORATION, 2775 SANDERS **ROAD**

(Street)

(First)

(Middle)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

NORTHBROOK, IL 60062-6127

(City)	(State)	(Zip) Tabl	le I - Non-D) erivative	Secui	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
			Code V	Amount		Price	(Instr. 3 and 4)		
Common Stock	03/01/2005		M	2,132	A	\$ 43	34,367 (1)	D	
Common Stock	03/01/2005		M	768	A	\$ 43	35,135 <u>(1)</u>	D	
Common Stock	03/01/2005		S	2,727	D	\$ 54	32,408 (1)	D	
Common Stock	03/01/2005		F(2)	126	D	\$ 53.88	32,282 (1)	D	
Common Stock	03/01/2005		F(2)	45	D	\$ 53.88	32,237 (1)	D	

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 $\begin{array}{c} \text{Common} \\ \text{Stock} \end{array} \hspace{3cm} 1,809.5522 \quad I \hspace{3cm} \begin{array}{c} \text{by } 401(k) \\ \text{Plan} \end{array}$

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number on Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 43	03/01/2005		M	2,132	08/19/1999	08/15/2006	Common Stock	2,132
Employee Stock Option (right to buy)	\$ 43	03/01/2005		M	768	08/19/1999	08/14/2007	Common Stock	768

Reporting Owners

NORTHBROOK, IL 60062-6127

Reporting Owner Name / Address	r ~					
	Director	10% Owner	Officer	Other		
PILCH SAMUEL H						
THE ALLSTATE CORPORATION			Controller			
2775 SANDERS ROAD			Controller			

Reporting Owners 2

Relationships

Signatures

SAMUEL H PILCH 03/02/2005

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The transactions reported in this Form 4 were effected pursuant to a Rule 10b5-1(c) trading plan adopted by the reporting person on August 6, 2004.
- (2) Delivery of shares to issuer to pay minimum tax withholding liability incurred in connection with the exercise.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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