TRUSTCO BANK CORP N Y

Form 8-K May 16, 2006

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(D) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (date of earliest event reported): May 15, 2006

TrustCo Bank Corp NY (Exact name of registrant as specified in its charter)

NEW YORK State or Other Jurisdiction of Commission File No. I.R.S. Employer Incorporation or Organization

0-10592

14-1630287 Identification Number

5 SARNOWSKI DRIVE, GLENVILLE, NEW YORK 12302 (Address of principal executive offices)

> (518) 377-3311 (Registrant's Telephone Number, Including Area Code)

> > NOT APPLICABLE

(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- |_| Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- |_| Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- |_| Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- |_| Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

TrustCo Bank Corp NY

Item 8.01. Other Events

The following materials were presented at the Annual Meeting of Shareholders held May 15, 2006. Attached is a

copy of the presentation labeled as Exhibit 99(a).

Item 9.01 Financial Statement and Exhibits

(c) Exhibits

Reg S-K Exhibit No. Description

99(a) Presentation given at the Annual Meeting

of Shareholders held on May 15, 2006.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

Dated: May 15, 2006

TrustCo Bank Corp NY
(Registrant)

By: /s/ Robert T. Cushing

Robert T. Cushing

Executive Vice President and Chief Financial Officer

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Exhibits Index

The following exhibits are filed herewith:

Reg S-K Exhibit No.	Description	Pages
99(a)	Presentation given at the Annual Meeting	5-29
	of Shareholders held on May 15, 2006.	

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Exhibit 99(a)

Welcome to the

[LOGO] TRUSTCO

Bank Corp NY

2006 Annual Meeting

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[LOGO] TRUSTCO

Bank Corp NY

Shareholder Assembly Agenda

- * Past Performance
- * Current Performance
- * Future Plans
- * Questions and Answers

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[LOGO] TRUSTCO

Bank Corp NY

[GRAPH]

2001 2002 2003 2004 2005 1.83% 1.83% 1.96% 2.00% 2.07%

Return on Average Assets

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[LOGO] TRUSTCO

Bank Corp NY

[GRAPH]

TrustCo vs. Competitors

TrustCo 2.07%
Arrow 1.28%
1st Niagara 1.18%
Key 1.24%
Peer Group (\$2-5 Billion) 1.06%

Return on Average Assets

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[LOGO] TRUSTCO

Bank Corp NY

[GRAPH]

Efficiency Ratio

 2001
 2002
 2003
 2004
 2005

 38.96%
 36.66%
 38.33%
 38.78%
 38.29%

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[LOGO] TRUSTCO

Bank Corp NY

[GRAPH]

TrustCo vs. Competitors

TrustCo 38.29%
Arrow 53.47%
1st Niagara 55.22%
Key 62.45%
Peer group (\$2-5 Billion) 59.25%

Efficiency Ratio

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[LOGO] TRUSTCO

Bank Corp NY

[GRAPH]

2001 2002 2003 2004 2005 25.31% 26.08% 26.21% 26.65% 26.07%

Return on Equity

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[LOGO] TRUSTCO

Bank Corp NY

[GRAPH]

TrustCo vs. Competitors

TrustCo 26.07%
Arrow 15.94%
1st Niagara 6.76%
Key 15.42%
Peer group (\$2-5 Billion) 12.23%

Return on Equity

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[LOGO] TRUSTCO

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[GRAPH]

2001 2002 2003 2004 2005 84.58% 88.60% 83.98% 78.83% 77.46%

Dividend Payout Ratio

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[LOGO] TRUSTCO

Bank Corp NY

[GRAPH]

TrustCo vs. Competitors

TrustCo 77.46%
Arrow 52.27%
1st Niagara 45.23%
Key 47.60%
Peer group (\$2-5 Billion) 34.70%

Dividend Payout Ratio

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[LOGO] TRUSTCO

Bank Corp NY

[GRAPH]

TrustCo vs. Competitors

TrustCo 4.91%
Arrow 3.52%
1st Niagara 2.63%
Key 3.95%
Peer Group (\$2-5 Billion) 1.97%

Dividend Yield

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[GRAPH]

1986 1990 1995 2000 2005 \$51.6 \$82.3 \$390.2 \$747.9 \$928.7

Market Capitalization in Millions

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2006 AND BEYOND

- * 2005 One Time Events
- * Shrinking Interest Margins
- * Core Earnings
- * Future Plans

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[LOGO] TRUSTCO

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[GRAPH]

Ten Year Fed Funds Month Treasury Rate

Jul	3.98	1
Aug	4.45	1
Sep	4.27	1
Oct	4.29	1
Nov	4.3	1
Dec	4.27	1
Jan-04	4.15	1
Feb	4.08	1
Mar	3.83	1
Apr	4.35	1
May	4.72	1
Jun	4.73	1
Jul	4.5	1.25
Aug	4.28	1.5
Sep	4.13	1.75
Oct	4.1	1.75
Nov	4.19	2
Dec	4.23	2.25
Jan-05	4.22	2.25
Feb	4.17	2.5
Mar	4.5	2.75
Apr	4.34	2.75
May	4.14	3
Jun	4	3
Jul	4.18	3.25
Aug	4.26	3.5
Sep	4.2	3.75
Oct	4.46	3.75
Nov	4.54	4
Dec	4.47	4.25
Jan-06	4.42	4.25
Feb	4.57	4.5
Mar	4.72	4.75

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[GRAPH]

2001	2002	2003	2004	2005	5/15/2006
56	62	69	75	79	83

Continuing to Expand Number of Offices

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[LOGO] TRUSTCO

Bank Corp NY

Florida

[MAP GRAPHIC]

- * Coming Soon
- * Existing Branches

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[LOGO] TRUSTCO

Bank Corp NY

Orlando, Florida

[MAP GRAPHIC]

- * Coming Soon
- * Existing Branches

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[LOGO] TRUSTCO

Bank Corp NY

Downstate New York & Northern New Jersey

[MAP GRAPHIC]

- * Coming Soon
- * Existing Branches

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[LOGO] TRUSTCO

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[GRAPH]

1990 1991 1992 1993 1994 1995 1996

TrustCo Bank	100	155.46	202.86	258.08	293.55	405.54	473.46
S&P 500	100	130.47	140.41	154.57	156.61	215.46	264.93
SNL Super Regional Bank Index	100	168.57	215.44	225.39	213.2	332.57	460.93

Total Return Performance

	2000	2001	2002	2003	2004	2005
TrustCo Bank	978.62	1219.18	1096.88	1407.42	1543.47	1458.69
S&P 500	499.83	440.4	343.07	441.48	489.51	513.55
SNL Super Regional Bank Index	735.09	713.97	736.14	945.25	1047.77	1054.64

Total Return Performance

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Bank Corp NY

[PHOTO]

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[LOGO] TRUSTCO

Bank Corp NY

TRUSTCO [GRAPHIC] BANK'S

Winter Warmth Fund

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[LOGO] TRUSTCO

Bank Corp NY

TRUSTY

[GRAPHIC]

Your Home Town Pal

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SNL Financial L.C. Ranks TrustCo #1
 Savings Bank in the Nation

[LOGO] TRUSTCO

Bank Corp NY

[GRAPHIC]

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Dividend Yield

Efficiency Ratio

Return On Average Equity

Return On Average Assets

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[LOGO] TRUSTCO

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Questions and Answers

2006 Annual Meeting

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Bank Corp NY

Thank You for Attending

2006 Annual Meeting

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