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Shillingbur Form 4 July 03, 20	g Stephanie E											
										OMB APPROVAL		
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549									ON OMB Numb	per:	3235-0287	
if no lo subject Section Form 4	to SIAIE.	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES									s: January 31, 2005 ted average hours per se 0.5	
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940												
(Print or Type	e Responses)											
1. Name and Address of Reporting Person <u>*</u> Shillingburg Stephanie E					nd Ticker		c	5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First)	(Middle)			Transactio	-		(Check all applicable)				
(1)				/Day/Year) 2018			Director 10% Owner X Officer (give title Other (specify below) below) Executive Vice President					
				nendment, Ionth/Day/Y	Date Origi ear)	nal		6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person				
WOODSTOCK, VA 22664 Form filed by More than One Reporting Person												
(City)	(State)	(Zip)	Ta	ble I - Nor	n-Derivativ	ve Sec	urities A	cquired, Dispose	d of, or Ben	eficially	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Date, if	3. Transacti Code (Instr. 8)	4. Securi on(A) or Di (Instr. 3,	spose 4 and	d of (D)	SecuritiesOBeneficiallyFOwnedIFollowingO	6. Ownership Form: Direct (D) or Indirect (I)	Indir Own	7. Nature of Indirect Beneficial Ownership (Instr. 4)	ïcial	
				Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)	(Instr. 4)			
Common Stock	07/03/2018			Р	5.202	А	\$ 38.45	460.5163	D			
Common Stock								2,500	Ι		-Qualif 1p. Plan	
Common Stock								4,640.89	Ι	By I	ESOP	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02) required to respond unless the form

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivativ Security (Instr. 3)	3. Transaction Date (Month/Day/Year)	4. Transact Code (Instr. 8)	5. ionNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	5	Date	7. Title and Amount of Underlying Securities (Instr. 3 and	Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owna Follo Repo Trans (Instr
		Code V	7 (A) (D)	Date Exercisable	Expiration Date	Amou or Title Numł of Share	ber	

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Shillingburg Stephanie E 1699 LAKEVIEW DRIVE WOODSTOCK, VA 22664			Executive Vice President					
Signatures								
Stephanie E. Shillingburg	07/03/201	18						
**Signature of Reporting	Date							

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Person