December 18, 2006

FORM 6-K

SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Report of Foreign Issuer pursuant to Rule 13-a-16 or 15d-16 of the Securities Exchange Act of 1934

FOR THE MONTH OF December 18, 2006

COMMISSION FILE NUMBER 1-15150

The Dome Tower
Suite 3000, 333 – † Avenue S.W.
Calgary, Alberta
Canada T2P 2Z1

(403) 298-2200

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F o Form 40-F x

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1)

Yes o No x

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7)

Yes o No x

Indicate by check mark whether, by furnishing the information contained in this Form, the registrant is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the securities Exchange Act of 1934.

Yes o No x

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EXHIBIT INDEX

EXHIBIT 1 ENERPLUS ANNOUNCES CASH DISTRIBUTION FOR JANUARY 2007

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SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

ENERPLUS RESOURCES FUND

BY: /s/ Emily Garvin

Emily Garvin

Investor Relations Administrator

DATE: December 18, 2006

Exhibit 1

Enerplus Resources Fund

The Dome Tower 3000, 333-7th Avenue SW Calgary, Alberta T2P 2Z1 Tel 403.298.2200 Fax 403.298.2211 www.enerplus.com

December 18, 2006 **FOR IMMEDIATE RELEASE** Enerplus Resources Fund

TSX: ERF.UN NYSE: ERF

ENERPLUS ANNOUNCES CASH DISTRIBUTION FOR JANUARY 2007

Enerplus Resources Fund is pleased to announce that a cash distribution in the amount of CDN\$0.42 per unit will be payable on January 20, 2007 to all Unitholders of record on December 31, 2006. The ex-distribution date for this payment is December 27, 2006.

The CDN\$0.42 per unit is equivalent to approximately US\$0.37 per unit if converted using a Canadian/US dollar exchange ratio of 1.15. The US dollar equivalent distribution will be based upon the actual Canadian/US exchange rate applied on the payment date and will be net of any Canadian withholding taxes that may apply.

For further information, please contact Investor Relations at 1-800-319-6462 or e-mail <u>investorrelations@enerplus.com</u>.

- 30 -

Gordon J. Kerr President & Chief Executive Officer Enerplus Resources Fund

Except for the historical and present factual information contained herein, the matters set forth in this news release, including words such as "expects", "projects", "plans" and similar expressions, are forward-looking information that represents management of Enerplus' internal projections, expectations or beliefs concerning, among other things, future operating results and various components thereof or the economic performance of Enerplus. The projections, estimates and beliefs contained in such forward-looking statements necessarily involve known and unknown risks and uncertainties, which may cause Enerplus' actual performance and financial results in future periods to differ materially from any projections of future performance or results expressed or implied by such forward-looking statements. These risks and uncertainties include, among other things, those described in Enerplus' filings with the Canadian and U.S.

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securities authorities. Accordingly, holders of Enerplus Trust Units and potential investors are cautioned that events or circumstances could cause results to differ materially from those predicted.