Edgar Filing: HAYSLETT NEIL W - Form 4

HAYSLET	Г NEIL W											
Form 4												
July 01, 201												
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION OMB												
Washington, D.C. 20549									OMB Number:	3235-0287		
Check the				0,					Expires:	January 31,		
if no longer subject to STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF								Estimated a	2005 verage			
	Section 16. SECURITIES								burden hours per			
Form 4 6 Form 5	Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,								response	0.5		
obligatio	ons Section 17						U	1935 or Section	ı			
may con See Instr	lunue.			vestment	•	· ·						
1(b).												
(Print or Type	Responses)											
(I find of Type	Responses											
	Address of Reporting	Person *	2. Issue	r Name and Ticker or Trading				5. Relationship of Reporting Person(s) to				
HAYSLETT NEIL W Sym								Issuer				
			F&M B	ANK CO	RP [fmb	m.ob]	(Check all applicable)				
(Last)	(First) (Middle) 3. Date of Earliest Transaction											
(Month/I 3841 BULL RUN RD 07/01/2				h/Day/Year) /2011				Director 10% Owner X Officer (give title Other (specify				
5041 DOLL KON KD 07/01/				2011				below) below) Exec. Vice Pres & CFO				
	(Street)		4 If Ama	andmont Data Original								
				endment, Date Original nth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line)				
						X_Form filed by One Reporting Person						
PENN LAIRD, VA 22846 — Form filed by More than One Reporting Person								porting				
(City)	(State)	(Zip)	Tabl	le I - Non-D	Derivative S	Securi	ties Acqu	uired, Disposed of	, or Beneficial	ly Owned		
1.Title of	2. Transaction Dat	e 2A. Deer	med	3.	4. Securit	ies Ac	quired	5. Amount of	6.	7. Nature of		
Security	(Month/Day/Year)		on Date, if	Transaction(A) or Disposed of (D)				Securities	Ownership	Indirect		
(Instr. 3)		any (Month/l	Day/Year)	Code (Instr. 3, 4 and 5) (Instr. 8)))	Beneficially Owned	Form: Direct Bene (D) or Own			
		X		(Following	Indirect (I)	(Instr. 4)		
						(A)		Reported Transaction(s)	(Instr. 4)			
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)				
Common	07/01/2011			P	7.8431	. ,	\$	494.6614	D			
Stock	0//01/2011			r	7.0431	A	12.75	+74.0014	D			
Common								5,024	Ι	By ESOP		
Stock								3,024	1	by LSOF		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Date	Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
HAYSLETT NEIL W 3841 BULL RUN RD PENN LAIRD, VA 22846			Exec. Vice Pres & CFO					
Signatures								
Sylvia T. Bowman Attorney in Hayslett	07/01/2011							
**Signature of Reportin	ig Person		Date					

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.