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CONTINEN Form 4 May 23, 2010	TAL RESOURC	CES, INC	1								
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								OMB Number:	PPROVAL 3235-0287 January 31,		
if no longer subject to Section 16. Form 4 or						Expires: Estimated a burden hou response	2005 average irs per				
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940											
(Print or Type F	Responses)										
BOREN DAVID L Symbol CON				2. Issuer Name and Ticker or Trading Symbol CONTINENTAL RESOURCES, INC [CLR]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(]			3. Date of Earliest Transaction (Month/Day/Year) 05/19/2016					_X_ Director10% Owner Officer (give title below) Other (specify below)			
Filed(Month/Day/					Day/Year) Applicable Line) _X_Form filed by			Joint/Group Filing(Check One Reporting Person More than One Reporting			
OKLAHOM	IA CITY, OK 73	3126						Person		eporting	
(City)	(State)	(Zip)	Table	e I - Non-Do	erivative S	Securi	ties Ac	quired, Disposed o	f, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year) Executi any		Code (Instr. 8)	4. Securi onAcquired Disposed (Instr. 3, Amount	(A) of of (D 4 and (A) or)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock	05/19/2016			А	8,792	А	\$0	24,214 <u>(1)</u>	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Tit Amou Unde: Secur (Instr	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address	Relationships							
reporting of the runner runners	Director	10% Owner	Officer	Other				
BOREN DAVID L P.O. BOX 268836 20 N. BROADWAY OKLAHOMA CITY, OK 73126	Х							
Signatures								
/s/ Eric S. Eissenstat, Attorney-in-Fact		05/23/2016						
<u>**</u> Signature of Reporting Person		Date						

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 4,000 shares of restricted common stock which vest on May 15, 2017; 5,422 shares of restricted common stock which vest on May 15, 2018; and 8,792 shares of restricted common stock which vest on May 15, 2019.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.