Wise Robert G Form 3 January 19, 2012

FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL

OMB Number:

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting

Person *

Wise Robert G

(First)

(Last)

(Middle)

Statement

(Month/Day/Year)

01/17/2012

2. Date of Event Requiring 3. Issuer Name and Ticker or Trading Symbol

CONAGRA FOODS INC /DE/ [CAG]

4. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(give title below) (specify below)

VP, Corporate Controller

5. If Amendment, Date Original

Filed(Month/Day/Year)

C/O CONAGRA FOODS. INC., ONE CONAGRA DRIVE

(Street)

Director _X__ Officer

10% Owner Other

6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting

Person

Form filed by More than One Reporting Person

OMAHA, NEÂ 68102

(City) (State) (Zip) Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security

(Instr. 4)

Common Stock

2. Amount of Securities Beneficially Owned

(Instr. 4)

3. Ownership 4. Nature of Indirect Beneficial Ownership

Form: Direct (D)

(Instr. 5)

or Indirect (I)

0.5451

(Instr. 5) Ι

401(k) Plan Trust

Reminder: Report on a separate line for each class of securities beneficially

owned directly or indirectly.

SEC 1473 (7-02)

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Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)

Expiration Date (Month/Day/Year)

2. Date Exercisable and

3. Title and Amount of Securities Underlying **Derivative Security** (Instr. 4)

5. 4. Ownership Conversion or Exercise Form of

6. Nature of Indirect Beneficial Ownership (Instr. 5)

Price of Derivative Derivative Security:

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	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Security	Direct (D) or Indirect (I) (Instr. 5)	
Employee Stock Options (right to buy)	(1)	07/08/2014	Common Stock	5,000	\$ 27.52	D	Â
Employee Stock Options (right to buy)	(2)	07/07/2015	Common Stock	4,000	\$ 22.99	D	Â
Employee Stock Options (right to buy)	(3)	07/16/2014	Common Stock	10,000	\$ 26.8	D	Â
Employee Stock Options (right to buy)	(4)	07/15/2015	Common Stock	12,000	\$ 21.26	D	Â
Employee Stock Options (right to buy)	(5)	07/14/2016	Common Stock	17,700	\$ 19.05	D	Â
Employee Stock Options (right to buy)	(6)	07/19/2017	Common Stock	6,600	\$ 23.9	D	Â
Restricted Stock Units	(7)	(8)	Common Stock	3,540	\$ (8)	D	Â
Restricted Stock Units	(9)	(8)	Common Stock	3,960	\$ (8)	D	Â
Restricted Stock Units	(10)	(8)	Common Stock	5,000	\$ <u>(8)</u>	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Wise Robert G C/O CONAGRA FOODS, INC. ONE CONAGRA DRIVE OMAHA, NE 68102	Â	Â	VP, Corporate Controller	Â		

Signatures

/s/ Lyn Rhoten, attorney-in-fact 01/19/2012 **Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options vested 40% on May 29, 2005, 30% on May 28, 2006, and 30% on May 27, 2007.
- (2) Options vested 40% on May 28, 2006, 30% on May 27, 2007, and 30% on May 25, 2008.
- (3) Options vested 40% on May 25, 2008, 30% on May 31, 2009, and 30% on May 30, 2010.
- (4) Options vested 40% on July 16, 2009, 30% on July 16, 2010, and 30% on July 16, 2011.

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- (5) Options vested 40% on July 15, 2010 and 30% on July 15, 2011, and will vest 30% on July 15, 2012.
- (6) Options vested 40% on July 20, 2011, and will vest 30% on July 20, 2012 and 30% on July 20, 2013.
- (7) Restricted stock units vest 100% on July 15, 2012.
- (8) Each unit is the economic equivalent of one share of ConAgra Foods common stock and will be settled in ConAgra Foods common stock on the vesting date.
- (9) Restricted stock units vest 100% on July 20, 2013.
- (10) Restricted stock units vest 100% on July 11, 2014.

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Remarks:

Power of Attorney is attached.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.