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Form 4											
March 19, 20										PPROVAL	
FORM	4 UNITED S	STATES		ATTIES A Shington,			NGE C	OMMISSION	OMB OMB Number:	3235-0287	
Check thi				8 ,	2.0.20				Expires:	January 31,	
Subject to Section 16. Form 4 or			DF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Section 16(a) of the Securities Exchange Act of 1934,						Expires. 2005 Estimated average burden hours per response 0.5		
obligatior may conti <i>See</i> Instru 1(b).	inue. Section 17(a	a) of the l	Public U		ling Con	ipany	y Act of	1935 or Section	1		
(Print or Type R	Responses)										
1. Name and A Thomas Dav	ddress of Reporting	Person <u>*</u>	Symbol	Name and				5. Relationship of Issuer	Reporting Pers	son(s) to	
			[CXO]	IO RESO	URCES	INC		(Check	k all applicable	;)	
(Last)		/liddle)					Director X Officer (give below)		o Owner er (specify		
550 WEST T AVENUE, S			03/17/2	800				· · · · · · · · · · · · · · · · · · ·	ploration & La	ind	
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)					 6. Individual or Joint/Group Filing(Check Applicable Line) X_ Form filed by One Reporting Person 			
MIDLAND,	TX 79701							Form filed by M Person	lore than One Re	porting	
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Yansaction Date 2A. Deemed both/Day/Year) Execution Date, if any (Month/Day/Year)		3. Transactic Code (Instr. 8) Code V	(Instr. 3,	spose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock	03/17/2008			М	9,336	А	\$8	32,354	D		
Common Stock	03/17/2008			М	2,438	А	\$8	34,792	D		
Common Stock	03/17/2008			М	3,656	А	\$8	38,448	D		
Common Stock	03/17/2008			М	5,363	А	\$8	43,811	D		
Common Stock	03/17/2008			S	100	D	\$ 23.86	43,711	D		

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Common Stock	03/17/2008	S	300	D	\$ 23.92	43,411	D
Common Stock	03/17/2008	S	300	D	\$ 23.93	43,111	D
Common Stock	03/17/2008	S	100	D	\$ 23.94	43,011	D
Common Stock	03/17/2008	S	600	D	\$ 23.95	42,411	D
Common Stock	03/17/2008	S	100	D	\$ 23.97	42,311	D
Common Stock	03/17/2008	S	200	D	\$ 23.98	42,111	D
Common Stock	03/17/2008	S	400	D	\$ 23.99	41,711	D
Common Stock	03/17/2008	S	4,200	D	\$ 24	37,511	D
Common Stock	03/17/2008	S	600	D	\$ 24.01	36,911	D
Common Stock	03/17/2008	S	6,400	D	\$ 24.02	30,511	D
Common Stock	03/17/2008	S	3,000	D	\$ 24.03	27,511	D
Common Stock	03/17/2008	S	400	D	\$ 24.04	27,111	D
Common Stock	03/17/2008	S	3,493	D	\$ 24.05	23,618	D
Common Stock	03/17/2008	S	500	D	\$ 24.21	23,118	D
Common Stock	03/17/2008	S	100	D	\$ 24.25	23,018	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number	6. Date Exercisable and	7. Title and Amour
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onof Derivative	Expiration Date	Underlying Securit
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acquired		

	Derivative Security			(A) or Disposed of (D) (Instr. 3, 4, and 5)				
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Num of Share
Employee Non-Qualified Stock Option (Right to buy)	\$8	03/17/2008	М	9,336	01/01/2008	12/31/2008	Common Stock	9,3
Employee Non-Qualified Stock Option (Right to buy)	\$ 8	03/17/2008	М	2,438	01/01/2008	12/31/2008	Common Stock	2,4
Employee Non-Qualified Stock Option (Right to buy)	\$ 8	03/17/2008	М	3,656	01/01/2008	12/31/2008	Common Stock	3,6
Employee Non-Qualified Stock Option (Right to buy)	\$ 8	03/17/2008	М	5,363	01/01/2008	12/31/2008	Common Stock	5,3

Other

Reporting Owners

Reporting Owner Name / Address			Relationships			
	Director	10% Owner	Officer	(
Thomas David M III 550 WEST TEXAS AVENUE SUITE 1300 MIDLAND, TX 79701			VP - Exploration & Land			
Signatures						
/s/ Jeannie A. Kohn, as attorney-in-fact		03/19/20	08			

**Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.