Angoorly Caroline Form 4 May 03, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB

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OMB APPROVAL

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Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person ** Angoorly Caroline			2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer			
			NRG ENERGY, INC. [NRG]	(Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	•			
			(Month/Day/Year)	Director 10% Owner			
NRG ENER	GY, INC., 2	11	05/01/2006	X Officer (give title Other (speci			
CARNEGIE	E CENTER			below) below) VP, Environmental & New Bus.			
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Chec			
PRINCETON, NJ 08540			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reportin			
I KINCLIO	11, 11, 00540	•		Person			
(City)	(State)	(Zip)					

(City)	(State) (2	Table 1 - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of	2. Transaction Date	2A. Deemed	3.	4. Securities		5. Amount of	6. Ownership	7. Nature of			
Security	(Month/Day/Year)	Execution Date, if	TransactionAcquired (A) or			Securities	Form: Direct	Indirect			
(Instr. 3)		any	Code	Disposed of	(D)	Beneficially	(D) or	Beneficial			
		(Month/Day/Year)	(Instr. 8)	(Instr. 3, 4 ar	nd 5)	Owned	Indirect (I)	Ownership			
						Following	(Instr. 4)	(Instr. 4)			
			Code V	(A or Amount (D	r	Reported Transaction(s) (Instr. 3 and 4)					
Common											
Stock, par value \$0.01 per share (1)	05/01/2006		F	373 <u>(1)</u> D	<u>(1)</u>	8,495	D				

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Title	and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	TransactionNumber		Expiration Date		Amount of		Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underly	ying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securit	ies	(Instr. 5)	Bene
	Derivative				Securities			(Instr. 3	3 and 4)		Own
	Security				Acquired						Follo
	•				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									A manuat		
									Amount		
						Date	Expiration		Or Number		
						Exercisable	Date	Title Numb	Number		
				C + V	(A) (D)						
				Code V	(A) (D)				Shares		

Reporting Owners

Relationships Reporting Owner Name / Address

> Other Director 10% Owner Officer

Angoorly Caroline NRG ENERGY, INC. 211 CARNEGIE CENTER PRINCETON, NJ 08540

VP, Environmental & New Bus.

Signatures

/s/ Tanuja M. Dehne, under Power of Attorney

05/03/2006

**Signature of Reporting Person

Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Long Term Incentive Plan (the "LTIP"). Each DSU is equivalent in value to one share of NRG's Common Stock, par value \$0.01. On May 1, 2006, 45% of her grant, or 1,063 DSU's, converted to common shares. Pursuant to the LTIP, Ms. Angoorly elected to satisfy her tax withholding obligation upon the exchange of common stock for DSU's by surrendering a number of shares of common stock having a value on the date of the exchange equal to the tax withholding obligation. This form is being filed to reflect the surrender of 373 shares of common stock to satisfy the grantee's tax withholding obligation.

On March 14, 2005, Ms. Angoorly was issued 2,362 Deferred Stock Units ("DSU's") by NRG Energy, Inc. under NRG Energy, Inc.'s

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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