#### **ROWAN COMPANIES INC**

Form 4 March 30, 2006

## FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

**OMB** Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

January 31, 2005

0.5

Estimated average burden hours per

**OMB APPROVAL** 

response...

if no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

2. Issuer Name and Ticker or Trading

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person \*

See Instruction

CROYLE ROBERT G		Symbol ROWAN COMPANIES INC [RDC]				I	ssuer			
(Last) (First) (Middle) 3			3. Date of Earliest Transaction (Month/Day/Year) 03/30/2006			_	(Check all applicable)  _X_ Director 10% Owner _X_ Officer (give title Other (specify below)  Vice Chairman & CAO			
HOUSTON	(Street)			endment, Day/Yea	ate Original		<i>A</i> - -	5. Individual or Joi Applicable Line) X_ Form filed by O Form filed by Mo Person	ne Reporting Per	rson
(City)	(State)	(Zip)	Tab	le I - Non-I	Derivative S	ecurit	ies Acqui	red, Disposed of,	or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year	Execution any		3. Transactic Code (Instr. 8)	4. Securitie or Disposed (Instr. 3, 4	d of (D	))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	03/30/2006			M	15,000	A	\$ 19.63	31,000	D	
Common Stock	03/30/2006			M	46,772	A	\$ 13.12	77,772	D	
Common Stock	03/30/2006			C	35,556	A	\$ 14.06	113,328	D	
Common Stock	03/30/2006			S	823,328	D	\$ 44.9	31,000	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of torDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and		Derivative Expiration Date Securities (Month/Day/Year) Acquired (A) or Disposed of (D) (Instr. 3, 4, and		7. Title and Amo Underlying Secu (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Ar or Nu of		
Employee stock option (right to buy)	\$ 19.63	03/30/2006		M		15,000	04/25/1998(1)	04/25/2007	Common Stock	1:		
Employee stock option (right to buy)	\$ 16.12	03/30/2006		M		46,772	09/20/2002(2)	09/20/2011	Common Stock	40		
Convertible Debenture	\$ 14.06	03/30/2006		C		\$ 500,000	04/22/2000(4)	04/22/2009	Common Stock	3:		

# **Reporting Owners**

Reporting Owner Name / Address	Relationships						
reporting owner runner runners	Director	10% Owner	Officer	Other			
CROYLE ROBERT G 2800 POST OAK BLVD SUITE 5450 HOUSTON, TX 77056	X		Vice Chairman & CAO				

# **Signatures**

Croyle	03/30/2006		
**Signature of Reporting Person	Date		

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## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This option vested in four equal installments on April 25, 1998, 1999, 2000 and 2001.
- (2) This option vested in four equal installments on September 20, 2002, 2003, 2004 and 2005
- (3) The reporting person converted \$500,000 Series B Convertible Debentures on March 30, 2006 at a conversion price of \$14.06 per share, resulting in the acquisition of 35,556 shares of common stock.
- (4) This debenture became exercisable in four equal installments on April 22, 2000, 2001, 2002 and 2003.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.