Young Jason Taney Form 4 September 29, 2017

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB

3235-0287 Number: January 31,

OMB APPROVAL

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obligations

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue. See Instruction

30(h) of the Investment Company Act of 1940

1(b).

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading Young Jason Taney Issuer Symbol ARC Group Worldwide, Inc. (Check all applicable) [ARCW]

3. Date of Earliest Transaction

C/O ARC GROUP WORLDWIDE, INC., 810 FLIGHTLINE BLVD

(Street)

(State)

(First)

(Middle)

(Zip)

4. If Amendment, Date Original

(Month/Day/Year)

09/28/2017

Filed(Month/Day/Year)

Director 10% Owner __X_ Other (specify Officer (give title below) below)

Former Director & CEO 6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

DELAND, FL 32724

(City)

Tubic 1 Tion Berrau	Tubic 1 Troit bettvative Securities required, Disposed of, or Beneficially Owned								
1.Title of 2. Transaction Date 2A. Deemed 3. 4. Sec	urities Acquired 5. Amount of 6. Ownership 7. Nature of								
Security (Month/Day/Year) Execution Date, if Transaction(A) or	Disposed of (D) Securities Form: Direct Indirect								
(Instr. 3) any Code (Instr.	3, 4 and 5) Beneficially (D) or Beneficial								
(Month/Day/Year) (Instr. 8)	Owned Indirect (I) Ownership								
	Following (Instr. 4) (Instr. 4)								
	Reported								
	(A) Transaction(s)								
	or (Instr. 3 and 4)								
Code V Amor	unt (D) Price (Mistr. 5 and 1)								
Common 09/28/2017 09/28/2017 M 62,70	00 A \$ 490,006 D								
Stock 09/20/2017 09/20/2017 W 02,70	1.51 490,000 D								
Common 09/28/2017 09/28/2017 S 40,28	39 D \$ 449,717 D								
Stock 09/28/2017 09/28/2017 5 40,28	2.35								

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amoun Underlying Securit (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amo or Num of Sh
Stock Option (right to buy)	\$ 1.51	09/28/2017		M		62,700	<u>(1)</u>	09/28/2017	Common Stock	62,7
Stock Option (Right to buy)	\$ 2.5	09/28/2017		J		59,175	08/26/2016	09/28/2017	Common Stock	59,1
Stock Option (Right to Buy)	\$ 2.5	09/28/2017		J	59,175		09/28/2017	06/30/2022	Common Stock	59,1

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

Young Jason Taney C/O ARC GROUP WORLDWIDE, INC. 810 FLIGHTLINE BLVD DELAND, FL 32724

Former Director & CEO

Signatures

Reporting Person

Jason Taney
Young

**Signature of Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Options granted on January 15, 2016. An aggregate of 62,700 options vested in 20% increments on each of January 15, 2016 and January 15, 2017.
- (2) Effective September 28, 2017, options exercisable for an aggregate of 59,175 shares of common stock, at an exercise price of \$2.50 per share, expiring September 28, 2017 (the "Prior Options"), were exchanged for options exercisable for an aggregate of 59,175 shares of common stock, at an exercise price of \$2.50 per share, expiring June 30, 2022 (the "Exchange Options"). The Exchange Options were

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issued in respect of all Prior Options that had fully vested on or prior to June 30, 2017. The Exchange Options were issued in accordance with the terms and conditions of that certain separation agreement entered into between the reporting person and the issuer, effective June 30, 2017.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.